

# Simulations of Rubella Vaccination Strategies in China

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# References

- L.Q. Gao and H.W. Hethcote, Simulations of rubella vaccination strategies in China, *Mathematical Biosciences* 202 (2006) 371-385.
- L.Q.Gao and H.W.Hethcote, A mathematical model and projection of various rubella vaccination strategies. *Chinese Journal of Vaccines and Immunization* 14-3 (2008) 193-197 (in Chinese with English abstract).

# Background:

- Rubella: mild childhood infectious disease
- Congenital Rubella Syndrome: severe consequences when pregnant women are infected
- Vaccination status: 1969 – now
- WHO recommendations on Rubella/CRS control

# Background :

WHO recommended that "All countries should assess their rubella situation and, if appropriate, make plans for introduction of rubella vaccination and CRS/rubella surveillance." (Geneva, 2000)

# Warning:

“inadequately implemented childhood vaccination runs the risk of altering rubella transmission dynamics and increasing susceptibility in women of child bearing age, thereby increasing the risk of CRS” (Geneva, 2000)

# Background: -China

- Rubella vaccination is not mandatory in the national immunization program. MMR is available in some major cities.
- Resources for vaccination are limited.
- Population structure is changing
- Should China vaccinate for rubella? If so, which strategy?

# Wannian Su: Rubella in People's Republic of China, Rev. Infect Dis 1985; 7:s72

**Table 2.** Seropositivity for rubella antibody, by age group, of persons tested in 20 provinces in the People's Republic of China, 1979-1980.

Age (years)	No. of persons tested	Percentage of persons seropositive	Geometric mean titer
<1	766	34.5	40
2	644	41.9	81
3	652	56.9	84
4	698	63.5	81
5	723	73.6	83
6-10	3,422	88.5	71
11-15	2,399	96.0	55
16-20	1,918	96.2	41
21-25	1,624	95.2	38
26-30	1,525	94.6	37
31-40	2,287	96.8	41
Total	16,658	85.6	51

# Method:

Use mathematical models and computer simulations to compare various rubella vaccination strategies with consideration of China's changing population structure

- Construct demographical model
- Add epidemiological model

# China Demographic Model

- 58 age groups: 0,1,2,...,49, 50-54, 55-59, ..., 75-79, 80-84, 85+
- Interpolate fertility and death rates using 1987 1% sample data (China statistical yearbook 1997, 1990, 2002) 1992 survey and 2000 census data (China Population Information and Research Center)

# China Demographic Model

- Derived 1965 age distribution from 1987 age distribution data.
- Used the birth/death rate from 1965-1992 as the scaling factor for fertility and death rate.
- Interpolate fertility and death rate between 1992 and 2000 data.
- Used Leslie matrix population model

## Leslie population matrix demographic model

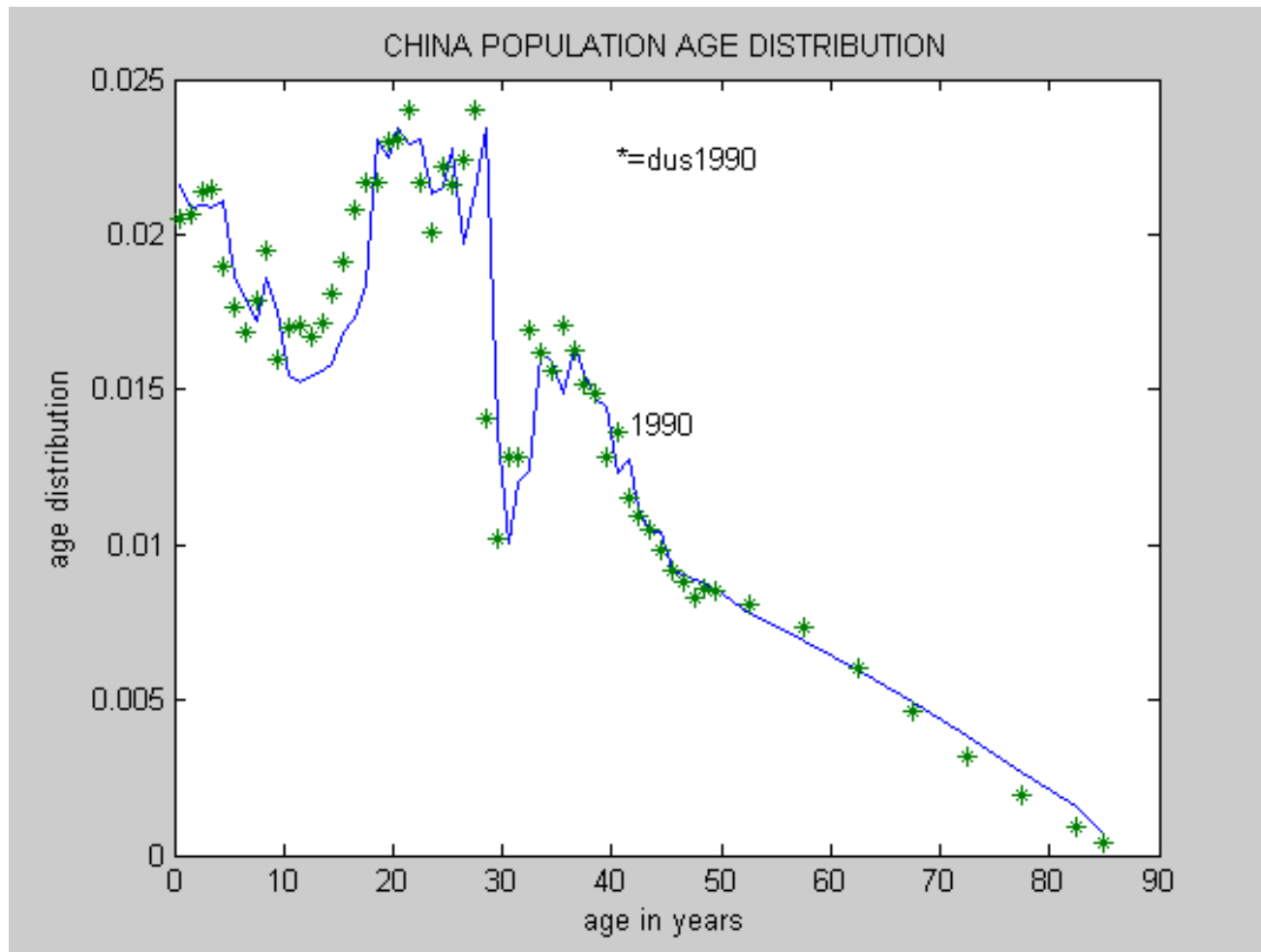
$n_i$  = size of population in age group  $i$

$m_i$  = average birth rate of people in age group  $i$

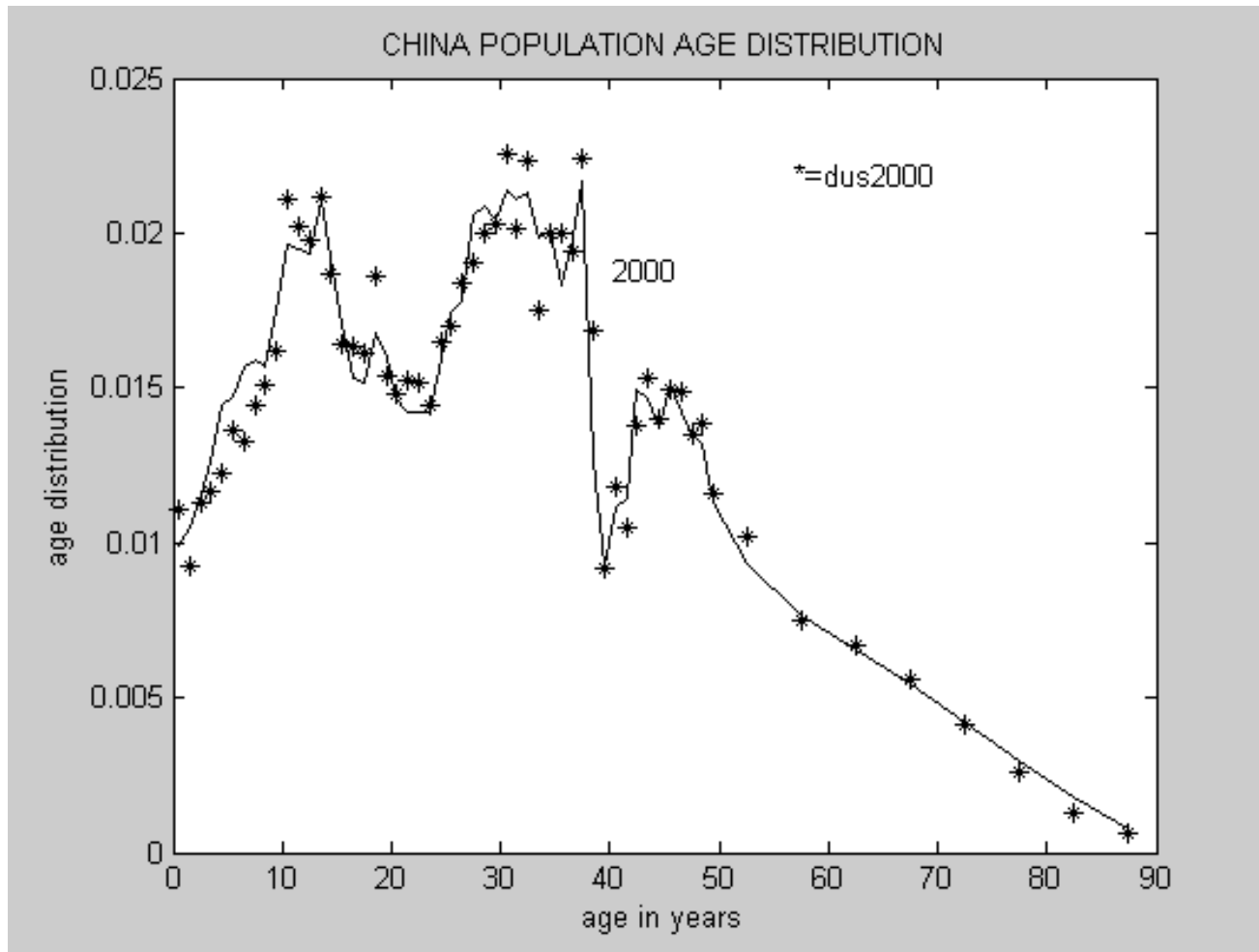
$S_i$  = fraction of those in age group  $i$   
who survive to age group  $i+1$

$$\begin{bmatrix} n_1 \\ n_2 \\ n_3 \\ n_4 \\ \vdots \\ n_k \end{bmatrix} = \begin{bmatrix} m_1 & m_2 & m_3 & \dots & m_k \\ S_1 & 0 & 0 & & 0 \\ 0 & S_2 & 0 & & 0 \\ 0 & 0 & S_3 & & 0 \\ & & & & \\ 0 & 0 & 0 & S_{k-1} & 0 \end{bmatrix} \begin{bmatrix} n_1 \\ n_2 \\ n_3 \\ n_4 \\ \vdots \\ n_k \end{bmatrix}$$

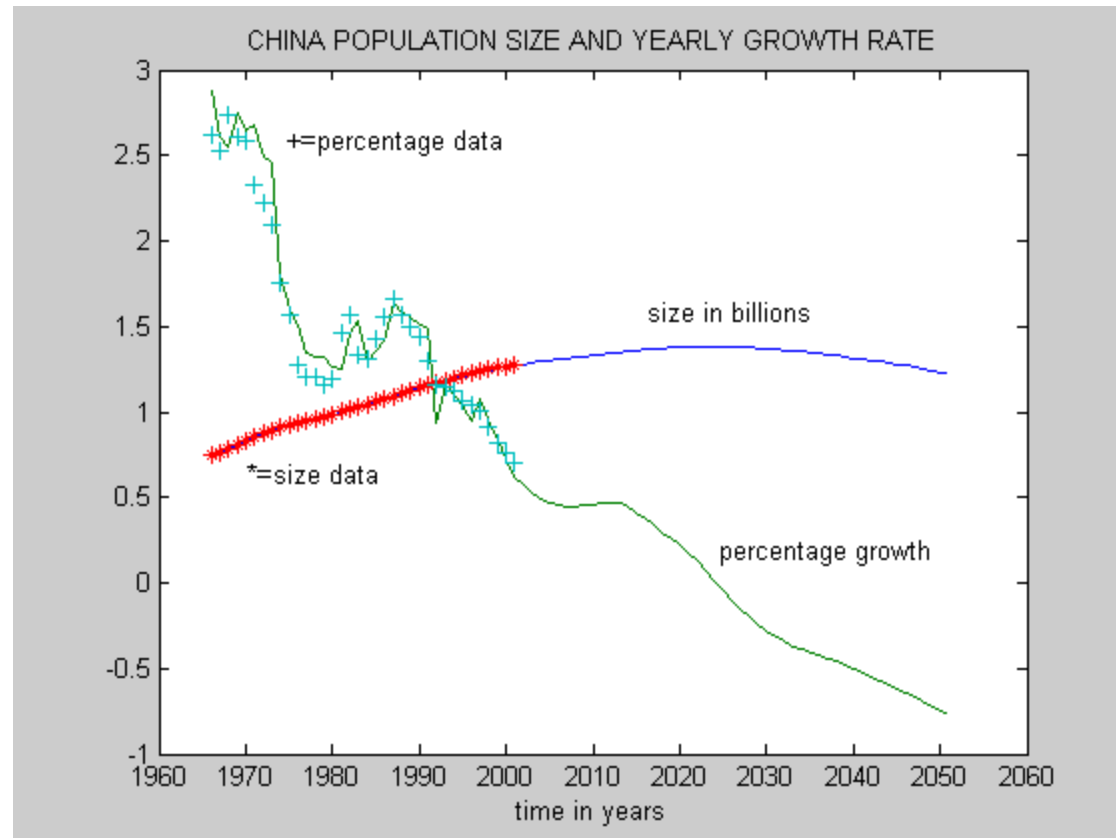
# 1990: the model and the data



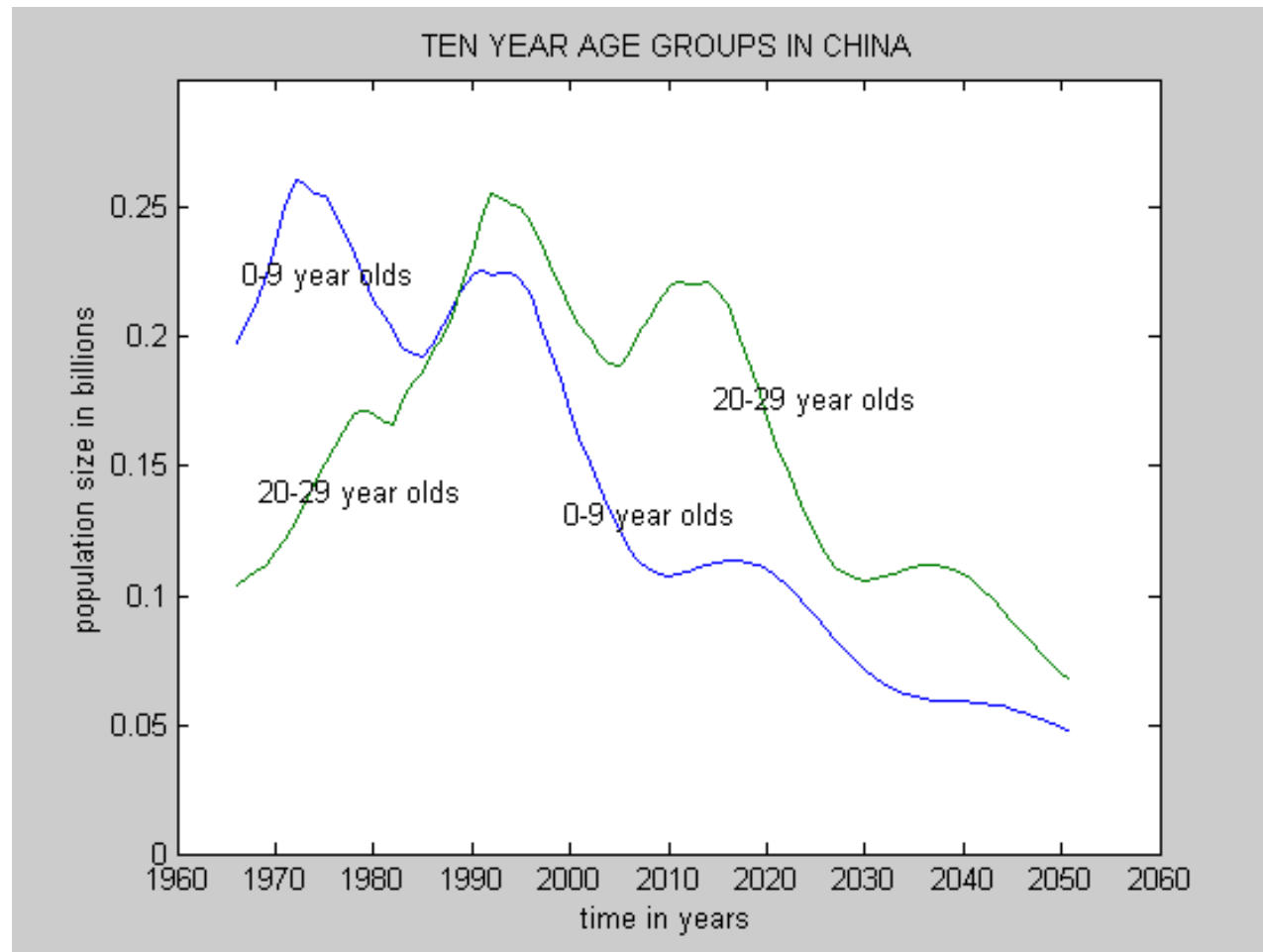
# 2000: the model vs. data



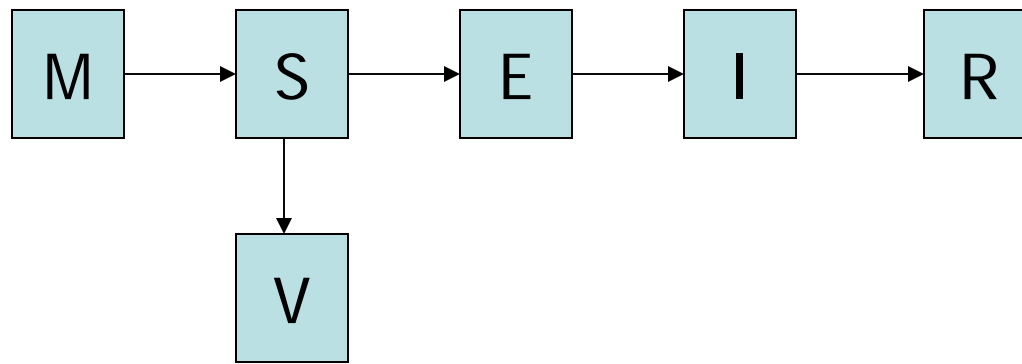
# Growth rate with the size



# The changing age structure of the population:



# The epidemiological model:



**M:** passively immune

**I:** infective

**S:** susceptible

**R:** recovered with immunity

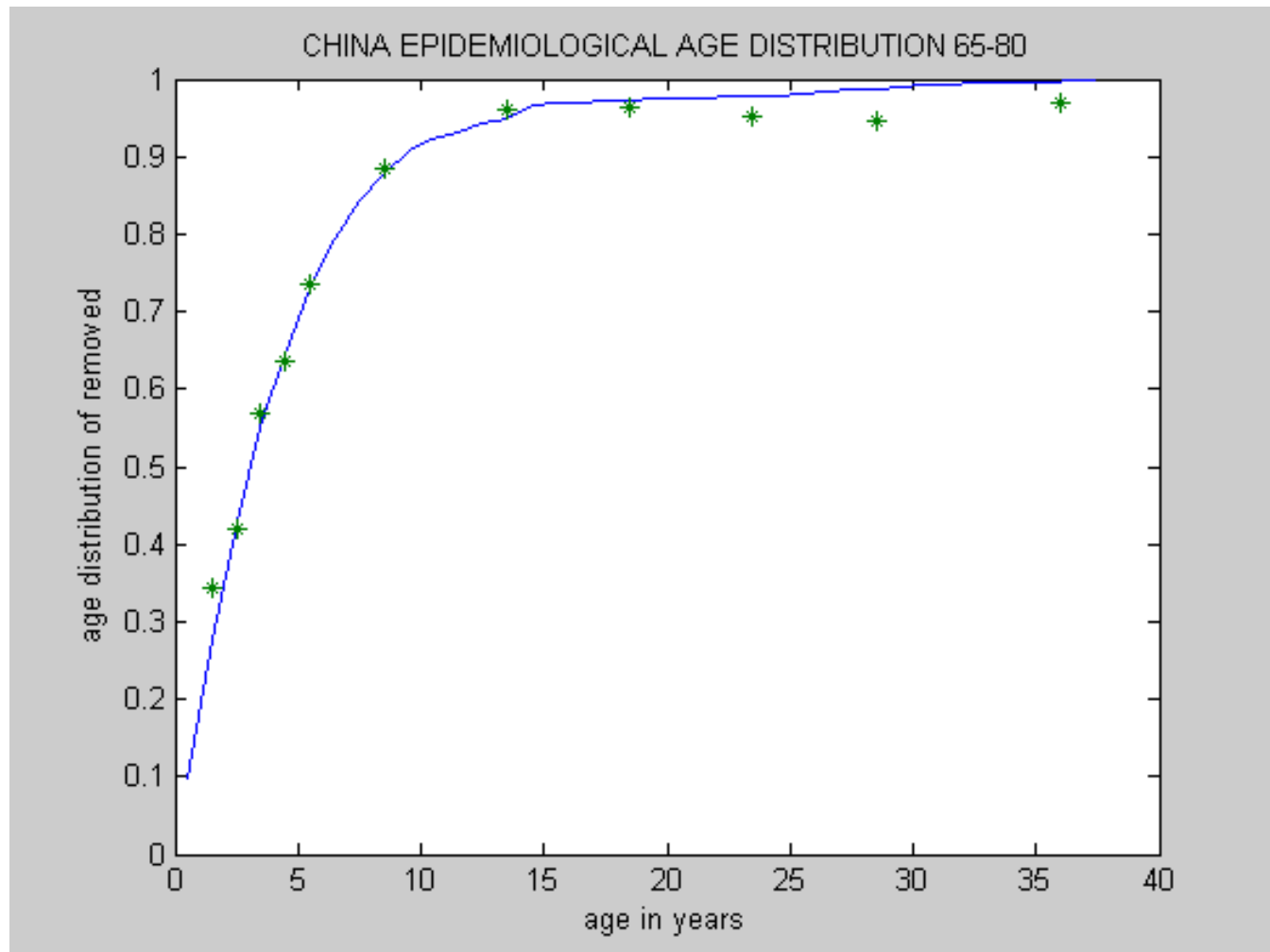
**E:** exposed (latent)

**V:** vaccinated

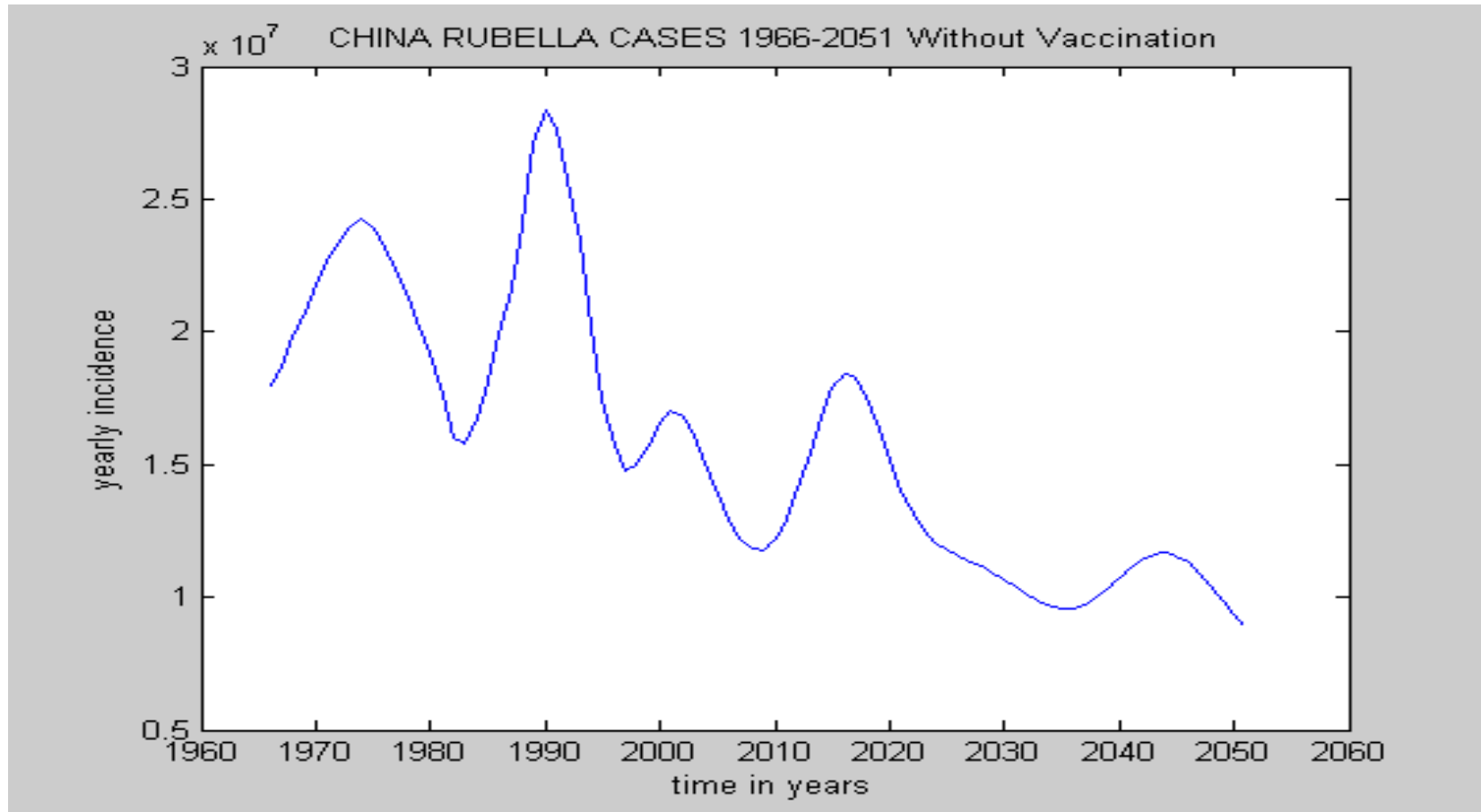
# Parameter values:

- average passive immunity period is 6 months (182.5 days)
- average latent period is 10 days
- average infectious period is 12 days
- force of infection values: .20 for 0, .24 for 1-4, .27 for 5-9, .15 for 10-14, .10 for 15-49, .04 for 50-64, .03 for 65+

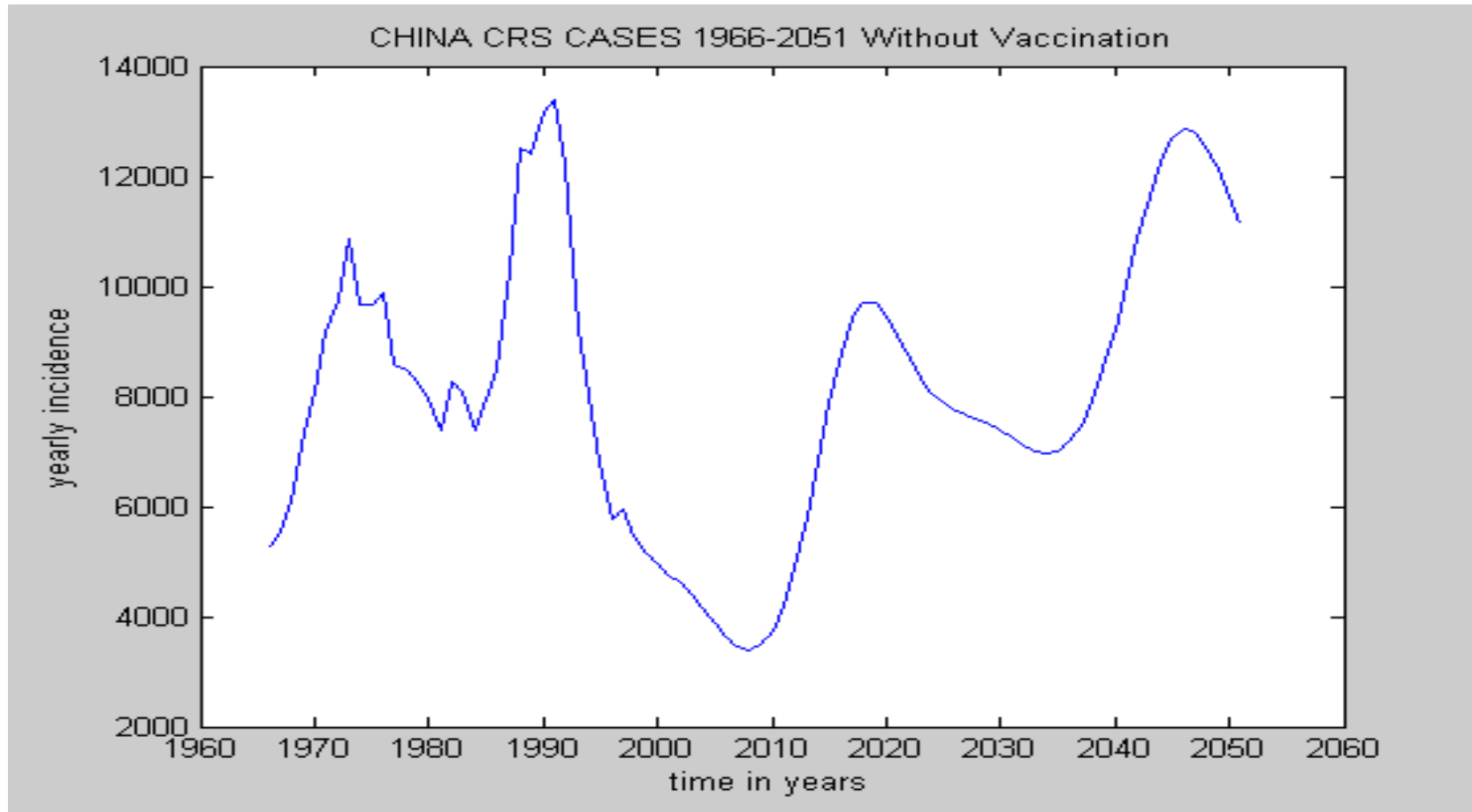
# Seropositivity: the model vs. data (with no vaccination)



# Rubella cases: no vaccination



# CRS cases: no vaccination



# Why ?

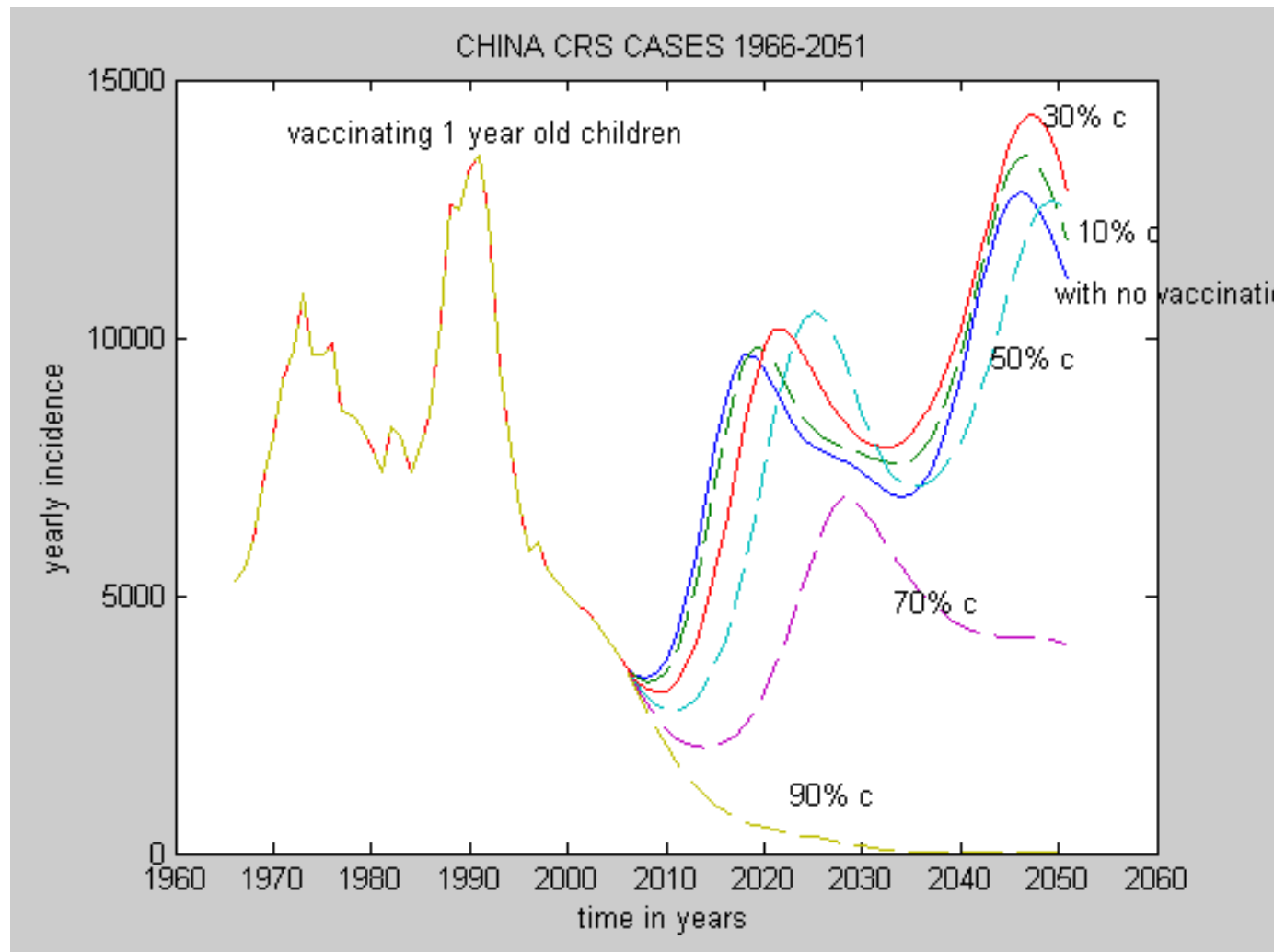
- Changing demographics => average age of infection increases => more rubella in pregnant women.
- Average CRS in 2020-2050 is over two times the level in 2005
- Thus maintaining current policy will lead to more CRS

# Vaccination Strategies

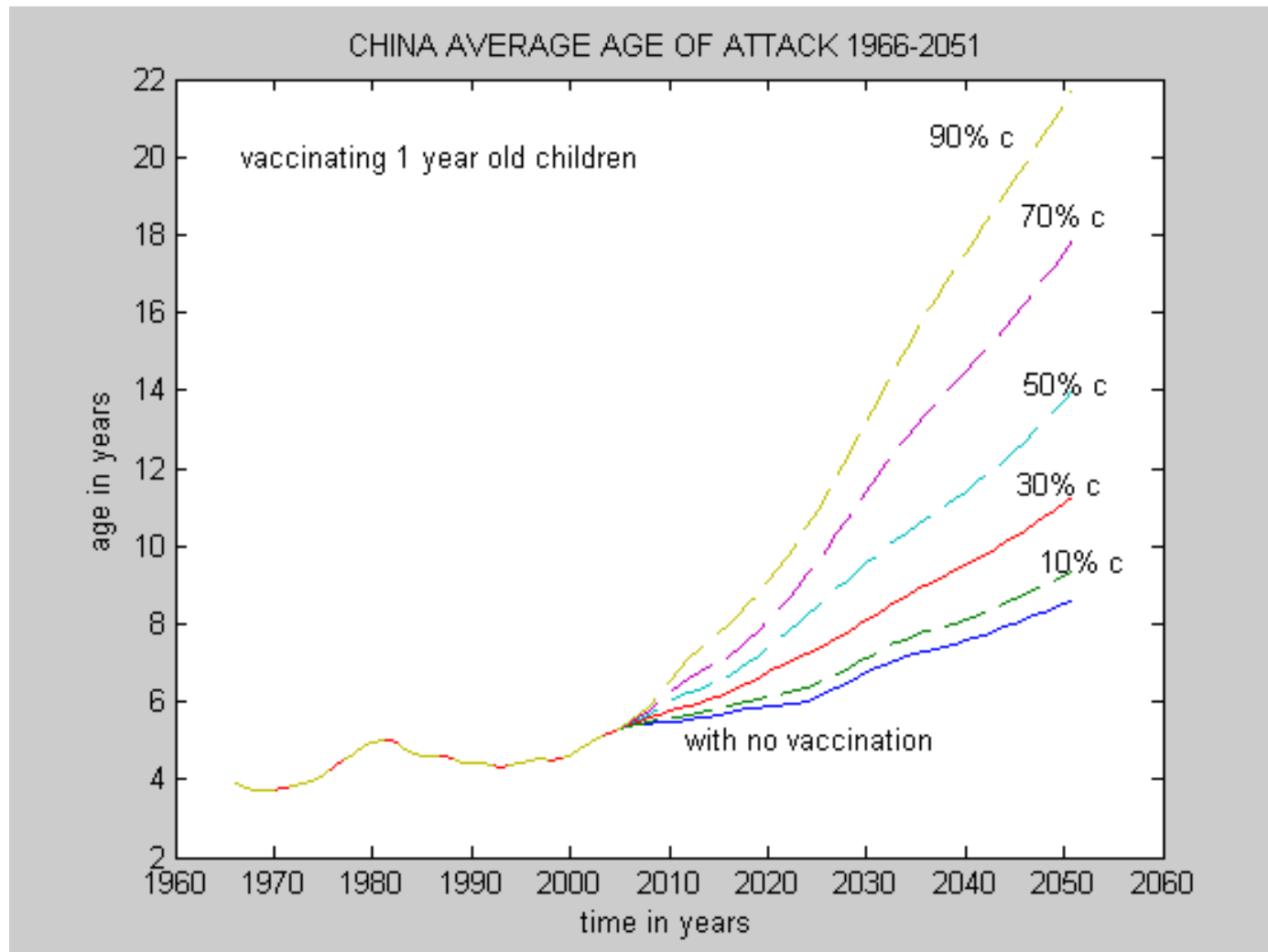
- Routine vaccination: 1 year old children
- Routine vaccination: 12 year old girls
- Mass campaign: 2-14 year old children
- Mass campaign: 2-14 year old girls
- Mass campaign: 15-40 year old women
- Combinations of above



# CRS cases:



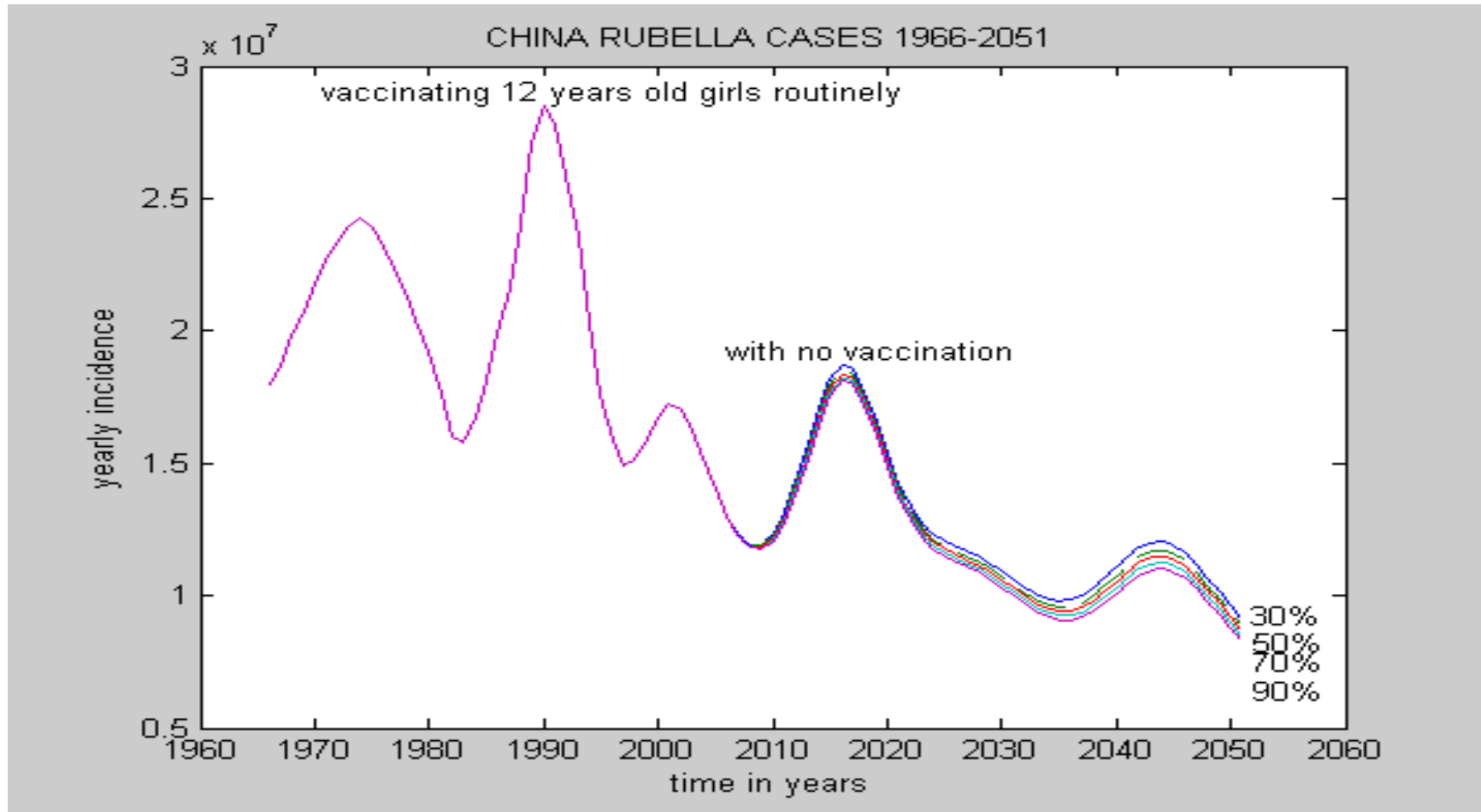
# Increasing age of attack:



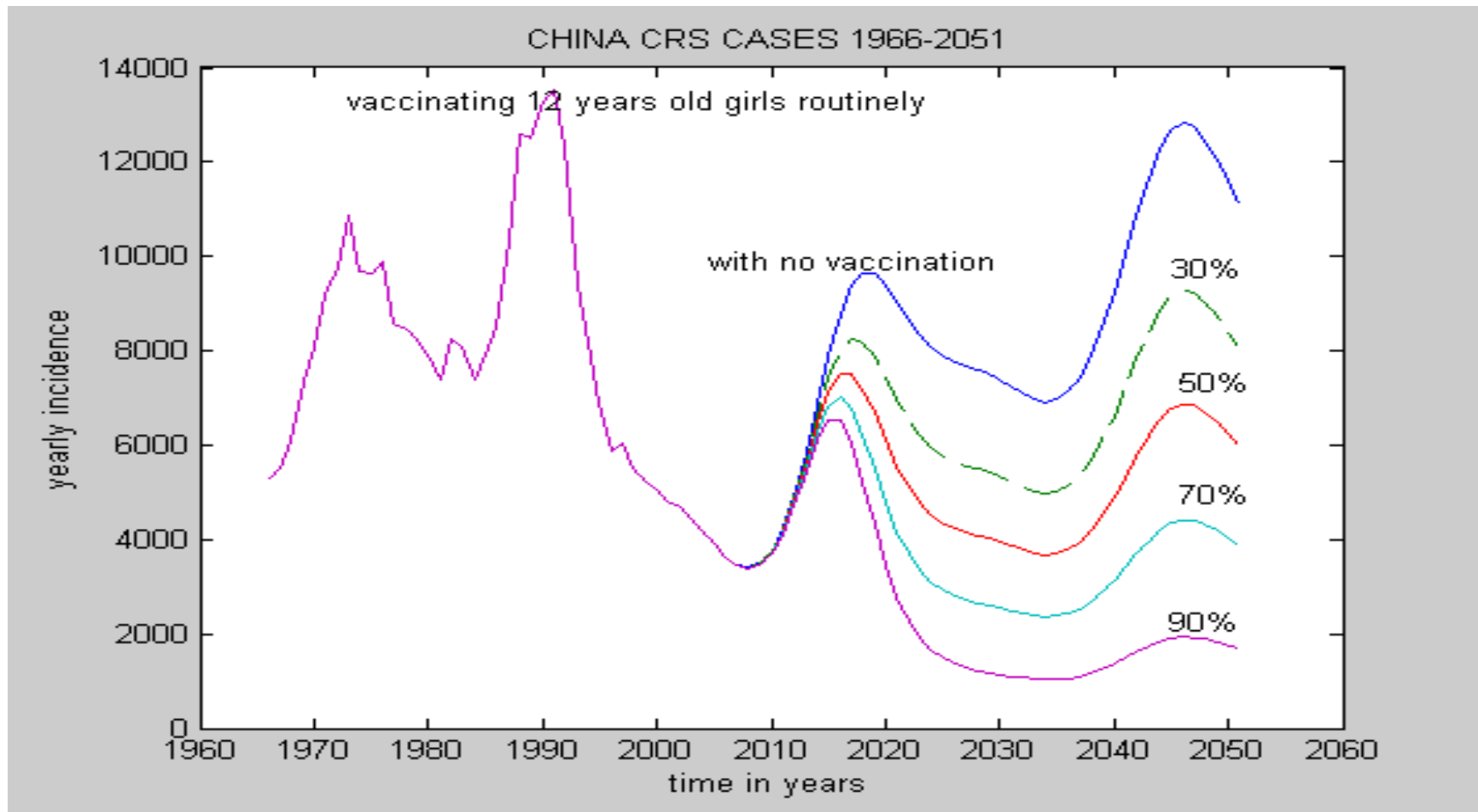
# Results from simulations:

- Routine vaccination of 1 year old children causes rubella incidence to decrease
- CRS incidence increases unless 50% or more are vaccinated.
- Rubella and CRS will be eliminated if 80% or more are vaccinated (assuming the current population control policy continues).

# Rubella: vaccinate 12 year old girls



# CRS:vaccinate 12 years old girls



# Observations:

- Routine vaccination of 12 year old girls are effective in reducing CRS cases
- This strategy will never lead to elimination of rubella.

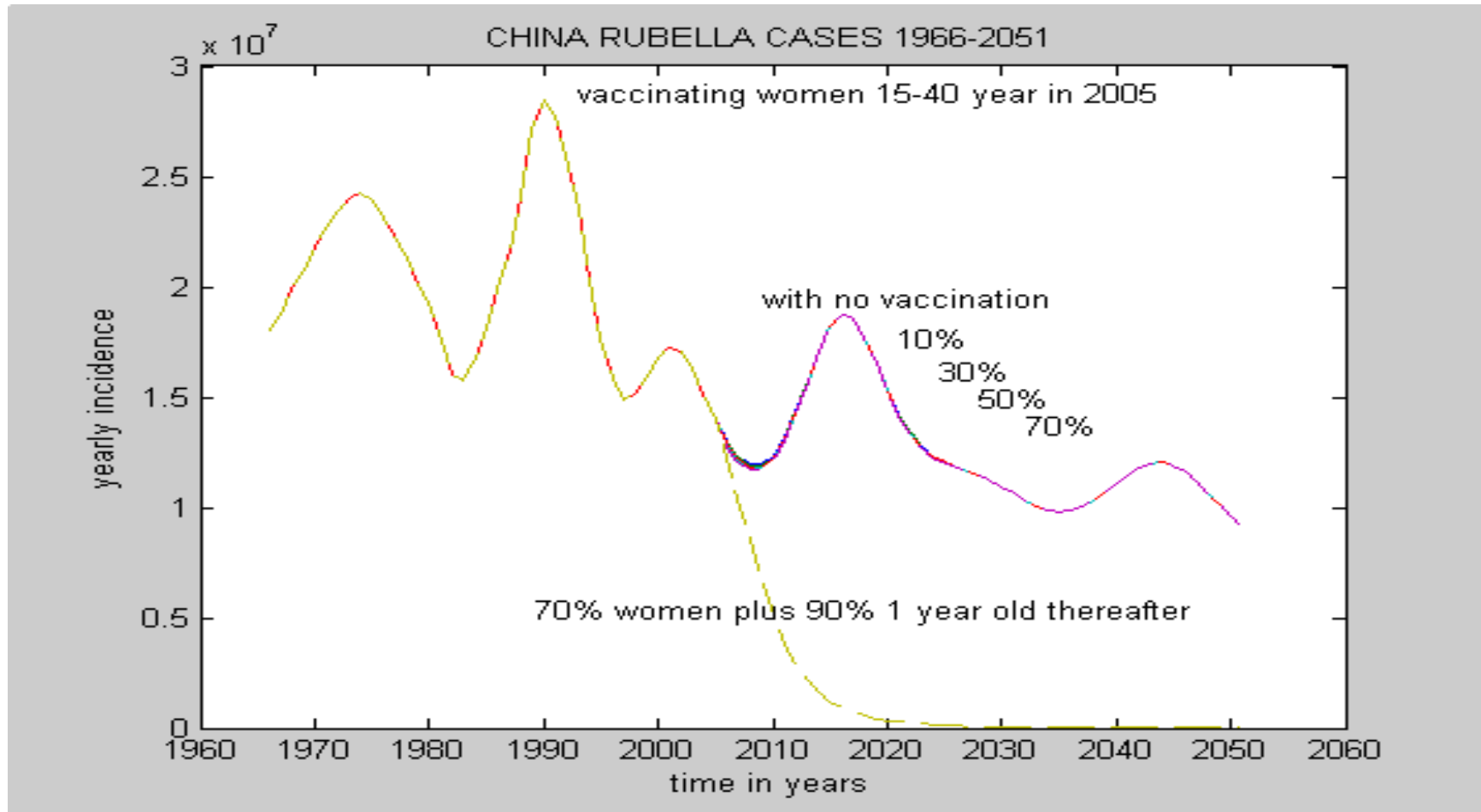
**Table 1. Comparison of rubella vaccination strategies in China in 2005 to 2051**

					total CRS	CRS				# of vaccinations
mass: 2-14 yr	mass: 2-14 yr	mass: 15-40	routine: 1 yr old	routine: 12 yr	Cases	in	# of routine	# of mass	total # of	per CRS case
girls	boys	wome	children	girls	2005- 2051	2051	vaccinations	vaccinations	vaccinations	prevented
90%	90%	60%	90%		2,578	0	596,350,829	395,198,054	991,548,883	2,622
90%		60%	90%		5,515	0	596,350,830	277,610,095	873,960,925	2,329
90%	90%		90%		5,923	0	596,350,828	227,438,932	823,789,760	2,198
		70%	90%		8,173	0	596,350,828	195,718,976	792,069,804	2,126
90%			90%		12,613	0	596,350,830	109,850,973	706,201,803	1,918
			90%		20,757	0	596,350,830	0	596,350,830	1,657
			80%		27,308	1	530,089,627	0	530,089,627	1,500
			70%		100,970	2,247	463,828,423	0	463,828,423	1,658
				90%	117,601	1,722	308,049,970	0	308,049,970	1,171
				80%	147,426	2,837	273,822,196	0	273,822,196	1,174
			60%		276,978	8,139	397,567,219	0	397,567,219	3,831
90%					302,672	11,015	0	109,850,973	109,850,973	1,407
90%	90%				327,554	10,656	0	227,438,932	227,438,932	4,276
		80%			345,807	11,386	0	223,678,829	223,678,829	6,403
		50%			358,881	11,387	0	139,799,268	139,799,268	6,395
			50%		362,752	12,453	331,306,016	0	331,306,016	18,417
			0		380,741	11,389	0	0	0	
			10%		399,712	12,307	66,261,203	0	66,261,203	
			40%		406,976	13,910	265,044,813	0	265,044,813	
			20%		413,971	13,143	132,522,406	0	132,522,406	
			30%		419,181	13,701	198,783,609	0	198,783,609	

# Results from simulations:

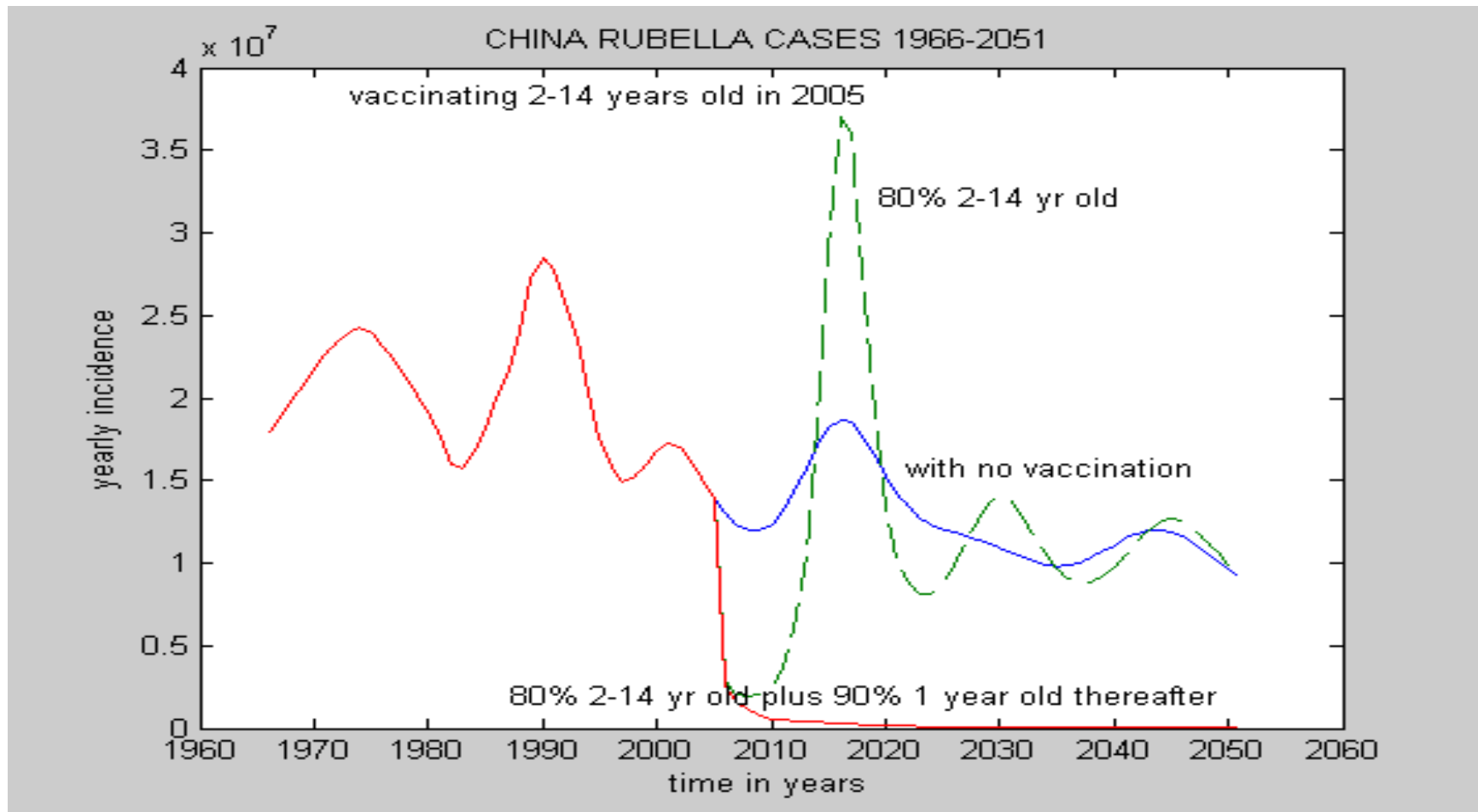
- If the achievable vaccination rate is not high, vaccinating 12 year old girls reduces CRS cases by direct protection.
- If the achievable vaccination rate is high, vaccinating 1 year old children is a better strategy that leads to elimination of the disease
- The threshold for switching is about 80%

# Rubella: 2005 Mass campaign + ...

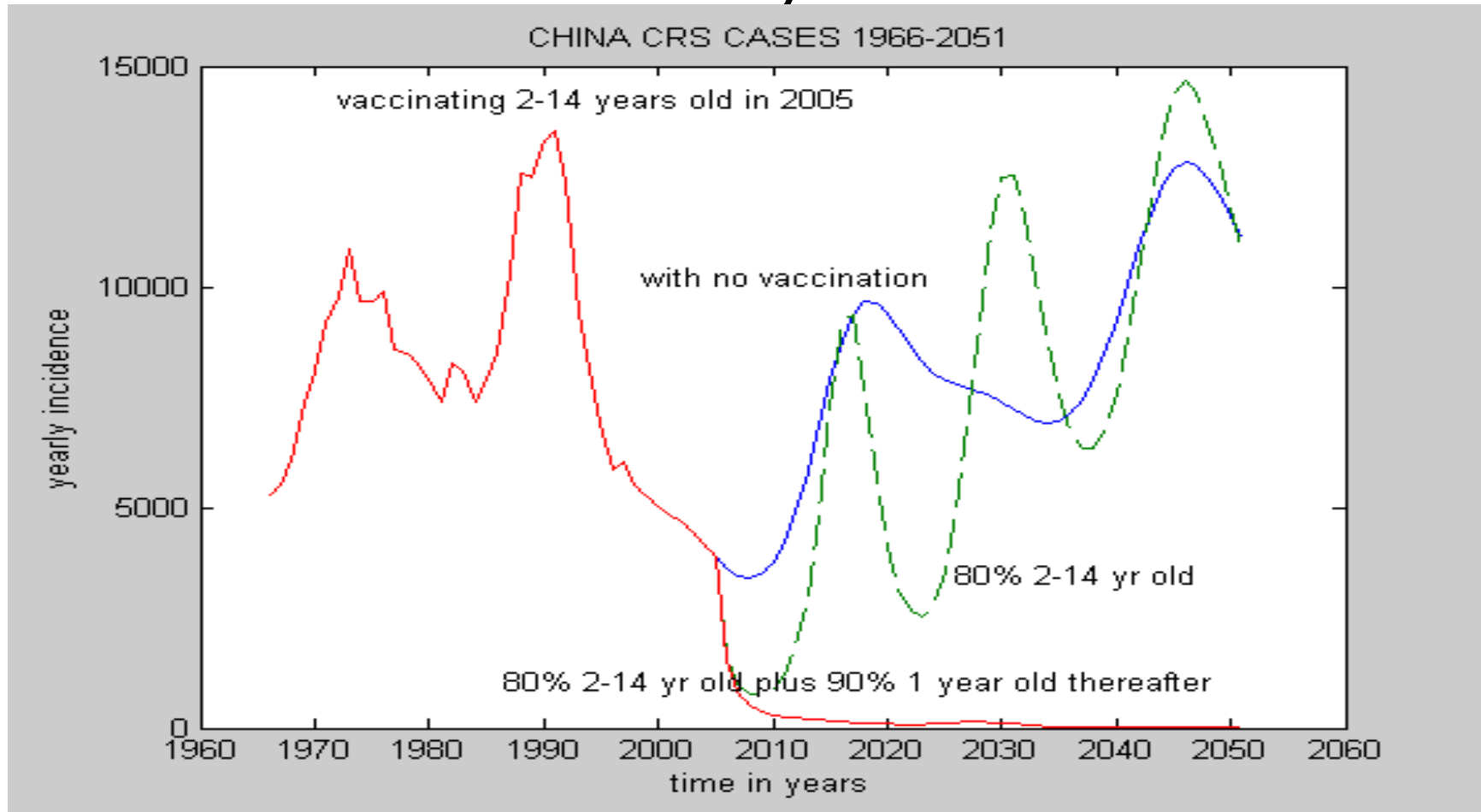




# Rubella: Campaign vaccination of 2-14 yr olds in 2005



# CRS: Campaign vaccination of 2-14 yr olds in 2005



# Observations:

- A mass campaign of vaccinating 15-40 year old women can reduce CRS cases during the following 10-20 years.
- A mass campaign of vaccinating 2-14 year old children only can lead to large oscillations in CRS cases with peaks above the no-vaccination levels.

## Conclusion (1) :

The changes in demographic structure are altering rubella transmission dynamics. "No vaccination" or "Low coverage infant vaccination" are not good strategies for China.

## Conclusion (2):

The best strategy seems to be a combination of initial mass vaccination to provide good short term direct protection plus routine vaccination of at least 80% of 1 year old children to move towards elimination of rubella in China.