

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## WF 2.0: Movement Cycles and Critical Functions

v.1

02.12	Real test of a MC description is	3	1) 1) 1)
02.02	DEAD MAN TEST is ...	3	1) 2) 3)
02.05	Only ___?___ MCs should be counted		
02.01	Behavior is ...		
02.04	CRITICAL FUNCTION is		
02.10	A DECELERATION TARGET is		

# Correct:

# Error:

**x1.0** or ÷

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## WF 2.0: Movement Cycles and Critical Functions

v.2

02.11	A FAIR PAIR is	2	1)  1)
02.07	Characteristics of a MOVEMENT CYCLE	3	1)  2)  3)
02.08	A well CALIBRATED MC is	3	1)  2)  3)
02.03	CRITICAL EFFECT is ...		
02.06	MCs are complete when		

# Correct:

# Error:

**x1.0** or ÷

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## WF 2.0: Movement Cycles and Critical Functions

v.3

02.09	An ACCELERATION TARGET is		
02.08	A well CALIBRATED MC is	3	1) 2) 3)
02.11	A FAIR PAIR is	2	1) 2)
02.02	DEAD MAN TEST is ...	3	1) 2) 3)
02.05	Only __?__ MCs should be counted		

# Correct:

# Error:

**x1.0** or ÷