|  |  |  |  |
| --- | --- | --- | --- |
| Name: |  | Date: |  |

In this lesson we presented some important information from the Career Center on networking -- its value and how to do it. As you reflect on this experience, write down your thoughts regarding how you can use this information.

1. What did you learn from the session?

2. Discuss two elements of the session that have particular relevance to you?

3. How will you integrate this knowledge into your educational and/or career plan?