

1. Which of the following statements about polar bonds is TRUE?
 - a. Molecules with polar bonds are not present in the plasma membrane.
 - b. Polar bonds are only found in hydrophobic molecules.
 - c. Polar bonds are not found in amphipathic molecules
 - d. Polar bonds may be found in hydrophilic molecules.
 - e. Polar bonds are charge carriers in ion channels.

2. Water molecules (H₂O)
 - a. form hydrogen bonds with each other.
 - b. are covalently bonded to each other.
 - c. are too large to be affected by thermal energy.
 - d. are in low concentration in a liter of pure water.
 - e. are amphipathic ions.

3. Salts, such as sodium chloride, when dissolved in water
 - a. are small crystals.
 - b. repel water dipoles by the hydrophobic effect.
 - c. ionize into anions and cations.
 - d. break apart into neutral molecules.
 - e. form a solution with a net positive charge.

4. A lipid bilayer membrane
 - a. is impermeable to small hydrophobic molecules and large hydrophilic molecules.
 - b. is permeable to large hydrophobic molecules and small hydrophilic molecules.
 - c. is freely permeable to ions.
 - d. binds amphipathic gases.
 - e. has a core composed of polar head groups.

5. Which of the statements about ion concentration gradient across the cell membrane is TRUE?
- The concentration gradient for Cl^- is greater than for Ca^{++} .
 - The concentration of both Na^+ and K^+ is higher in the extracellular fluid than in the intracellular fluid.
 - The concentration of both Na^+ and K^+ is lower in the extracellular fluid than in the intracellular fluid.
 - The concentration of Na^+ is higher in the extracellular fluid than in the intracellular fluid.
 - The concentration of K^+ is higher in the extracellular fluid than in the intracellular fluid.
6. Which of the following three conditions must exist in order for a cell to have a membrane potential?
- ion concentration gradient, membrane capacitance, and non-selective cation channels.
 - membrane capacitance, osmotic gradient, and ion-selective leak channels.
 - non-selective leak channels, ion concentration gradient, and a hydrogen bonded network.
 - ion concentration gradient, glucose transporter, and ion-selective leak channels.
 - ion concentration gradient, membrane capacitance, and ion-selective leak channels.
7. Diffusion is:
- an effective way to send chemical signals over long distances.
 - too random to be useful in living systems.
 - insensitive to concentration gradients.
 - an effective way to send chemical signals over short distances.
 - driven by ATP hydrolysis.
8. A cell placed in a hypotonic bathing solution will
- shrink because of water flow through aquaporin channels.
 - swell because water moves down a transmembrane osmotic gradient.
 - swell because water moves up a transmembrane osmotic gradient.
 - shrink because water is drawn out of the cell to increase bath tonicity.
 - neither swell nor shrink.

9. Osmosis (choose BEST answer)
- refers to the flow of water through water-filled pores in the presence of an osmotic gradient.
 - is the movement of solute particles across a solute-permeable barrier.
 - is driven by diffusion of water down a water concentration gradient.
 - decreases with increasing solute concentration.
 - takes place across a water-impermeable membrane.
10. Which of the following statements about ion channels is FALSE?
- Ion channels play an important role in electrical signaling.
 - Ion channels are membrane proteins with a central pore that is permeable to small non-polar molecules.
 - Ion channels are assembled from 3 to 6 subunits.
 - Some types of ion channels are open all the time.
 - There is a large number of different kinds of ion channels.
11. The resting membrane potential of all types of cells:
- is close to the Na^+ equilibrium potential.
 - is close to the Ca^{++} equilibrium potential.
 - is set by the relative numbers of open Na^+ and K^+ leak channels in the membrane.
 - is more negative than the K^+ equilibrium potential.
 - depends on the number of open water channels.
12. The sodium-potassium pump
- is only present in nerve cells.
 - uses the energy provided by the hydrolysis of ATP to pump K^+ into the cell.
 - transports large polar molecules across the membrane in exchange for Na^+ and K^+
 - is required for the recovery of hyperpolarizing potential changes
 - is a gated ion channel that is opened by binding ATP
13. The membrane potential of a cell sitting at -70 mV will
- depolarize if a ligand opened a K^+ -selective, ligand-gated channel.
 - depolarize if an applied force closed a Na^+ -selective, mechanically-gated ion channel.
 - depolarize if a ligand opened a Cl^- -selective, ligand-gated ion channel.
 - hyperpolarize if a ligand opened a K^+ -selective, ligand-gated ion channel.
 - hyperpolarize if an applied force closed a K^+ -selective, mechanically-gated ion channel.

14. Which of the following is most responsible for the recovery of the membrane potential following either a hyperpolarizing or depolarizing graded potential change?
- the inactivation of voltage-gated Na^+ channels
 - Ca^{++} activation of a second-messenger cascade
 - Na^+ and K^+ leak channels
 - a balance between voltage-gated K^+ channels and Cl^- channels
 - the summed entry of anions and cations
15. Voltage-gated ion channels
- are typically opened by a hyperpolarizing change.
 - are only found in epithelial cells.
 - may be selectively permeable to Na^+ , K^+ , Ca^{++} or Cl^- .
 - typically close when the membrane depolarizes.
 - require ATP to be opened by a voltage change.
16. The selectivity filter of voltage-gated ion channels
- detects a change in the membrane electric field and displaces a blocking particle.
 - prevents the ion channel from being endocytosed.
 - closes during inactivation.
 - excludes ions that don't have a specific set of properties.
 - is only present in Na^+ -selective ion channels.
17. Voltage-gated Na^+ channels
- have four states: closed, open, partly open, and partly closed.
 - have three states: closed, open, and inactivated.
 - have two states: closed and not open.
 - have one state: open.
 - have one state: closed.
18. Neurotransmitter receptors
- are exclusively permeable to Ca^{++} .
 - are not expressed in neurons with gap junctions.
 - may be channels opened by binding a ligand.
 - are always channels opened by ligand dissociation.
 - are only present in muscle cells.

19. Which of the following statements about inactivation is TRUE?
- a. The inactivation of voltage-gated ion channels involves a "gate" that blocks the open pore.
 - b. Inactivation is only a property of aquaporin channels.
 - c. Inactivation plays an essential role in neurotransmitter reuptake.
 - d. Inactivation refers to a conformation change in the Na⁺-K⁺ ATPase.
 - e. Inactivation precedes G-protein activation by GDP-GTP exchange.
20. Which of the following statements about changes in membrane potential is TRUE?
- a. During a depolarizing potential change the membrane becomes impermeable to water.
 - b. Hyperpolarization refers to an increase in hydrogen bonding in an aqueous solution.
 - c. During a depolarizing potential change, the membrane potential becomes more positive.
 - d. During a hyperpolarizing potential change, the membrane potential becomes less negative.
 - e. Depolarizing and hyperpolarizing potential changes are only produced by voltage-gated ion channels.
21. Which of the following statements about graded potential changes is FALSE?
- a. Graded potential changes decay in amplitude as they spread from their site of generation.
 - b. The amplitude of a graded potential produced by binding a ligand increases with the number of open ligand-gated channels.
 - c. Graded potential changes are only produced by ligand-gated channels.
 - d. Graded potential changes can be either depolarizing or hyperpolarizing.
 - e. The end-plate potential is an example of a graded potential change.
22. The sole purpose of an electrical signal is to
- a. trigger exocytosis.
 - b. generate an action potential.
 - c. prevent cell death.
 - d. produce a change in intracellular Ca⁺⁺.
 - e. inactivate voltage-gated Na⁺ channels.

23. The rising phase of the action potential
- depends on the strength of the stimulus that evoked it.
 - depends on the delayed activation of voltage-gated K^+ channels.
 - is caused by regenerative Na^+ entry.
 - involves the repetitive activation of a specific type of ligand-gated ion channel.
 - raises the intracellular concentration of K^+ .
24. The repolarizing phase of the action potential
- requires the activation of voltage-gated Ca^{++} channels.
 - is caused by regenerative K^+ entry.
 - depends on the inactivation of voltage-gated K^+ channels.
 - only happens in the absence of closed Na^+ channels.
 - involves the inactivation of some channels and the voltage activation of other channels.
25. Cocaine and other local anesthetics
- block voltage-gated Na^+ channels
 - block inactivation of K^+ channels
 - activate leak channels.
 - block ligand-gated ion channels.
 - only act on unmyelinated ion channels.
26. G-protein coupled receptors
- are ligand-gated ion channels.
 - are activated by depolarization.
 - are phospholipids that are activated by binding a ligand.
 - are 7-transmembrane proteins that are activated by binding an extracellular ligand.
 - are activated by binding to a G protein.
27. Release of Ca^{++} from intracellular stores
- requires the phosphorylation of the IP_3 receptor.
 - may be triggered by activation of G protein-coupled receptor.
 - generates voltage changes that may evoke action potentials.
 - is the only way that a Ca^{++} signal is produced in neurons.
 - is blocked by ligand-gated ion channels.

28. The myelin sheath

- a. is a layer of connective tissue that protects the axon from mechanical injury
- b. is many layers of glial cell membrane.
- c. is only found in the somatic nervous system.
- d. is a continuous sheet of insulation that increase conduction velocity.
- e. is attacked by oligodendrocytes.

29. Synaptic transmission in the central nervous system

- a. is like neuromuscular transmission in every way.
- b. is exclusively mediated by the release of glutamate.
- c. depends upon metabolic coupling via gap junctions.
- d. may be either excitatory or inhibitory.
- e. always leads to an action potential in the postsynaptic cell.

30. In the central nervous system, when GABA binds to its receptor to cause an inhibitory postsynaptic potential,

- a. Cl^- ions leave the postsynaptic cell.
- b. Cl^- ions enter the postsynaptic cell.
- c. a non-selective cation channel opens.
- d. Ca^{++} ions enter the postsynaptic cell.
- e. Ca^{++} ions leave the postsynaptic cell.