

"Pharmacist involvement in Community Health Screenings"

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Screening Objectives

- Educate
- Measure
- Review
- Motivate for change
- Refer
 - To new or existing provider
 - "Where to Turn" resources

Educate

- If you find yourself standing around talking to your friends/classmates:

Go find a screening attendee to talk to!!!!

Educate

- While person is waiting in lines
 - Talk to group as whole
 - Pull person from line for private consult
 - Initial risk assessments
- While person is wandering around
 - Assert yourself
 - Tell them what's going on
 - Ask if they have any health concerns
 - Offer specific screenings
- While undergoing screening

Prepare to Measure

- Supplies and preparation
 - Outlets, power strips, extension cords
 - Biohazard bags, gloves, bandages, swabs, sharps containers, medical devices & supplies, alcohol, waste baskets, etc.
 - Information management system (records tracking)
 - Chairs & tables, signage
 - Privacy & consultation area and people
 - Referral information
 - Health maintenance & condition information

Measure

- Consent patient if necessary
- Do screening procedure
- Explain what you're doing and why
- Define terms simply
- Provide privacy
 - Have those in line wait 6-8 feet away
 - Keep results in confidence
- Make sure results are kept w/ person's "file"

Review

- Post results on person's "file"
- Explain terms again
- Inform if within normal limits or not
- Risk assessment
- Move to behavioral change

Motivate for Change

- **Transtheoretical Model**
 - **Precontemplation** is the stage at which there is no intention to change behavior in the foreseeable future. Many individuals in this stage are unaware or under-aware of their problems
 - **Contemplation** is the stage in which people are aware that a problem exists and are seriously thinking about overcoming it but have not yet made a commitment to take action.

Motivate for Change

- **Preparation** is a stage that combines intention and behavioral criteria. Individuals in this stage are intending to take action in the next month and have unsuccessfully taken action in the past year
- **Action** is the stage in which individuals modify their behavior, experiences, or environment in order to overcome their problems. Action involves the most overt behavioral changes and requires considerable commitment of time and energy
- **Maintenance** is the stage in which people work to prevent relapse and consolidate the gains attained during action.

Motivate for Change

- Lots of “aha” moments during screenings
- Immediate vs delayed test results
- Perfect time for reassurance, encouragement and referral
- Tools for change
 - Give simple, doable goals
 - Where to Turn
 - For diagnosis and treatment

“WHERE TO TURN”

- Identifying Problems, Finding and Using Resources



www.careers.pitt.edu/cybercounselor/liberal.htm

You know you need help, but you have no idea “WHERE TO TURN”.



www.powerpig.ca/.../imges/onlinehelp.jpg

RESOURCES! RESOURCES!

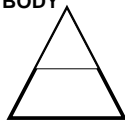
- Medical resources
- Mental health resources
- Social environment resources
- Recovery resources
- Day to day resources
- Crisis resources



WWW.I.L.A.A.ORG/REGISTER.HTM

BODY – Questions

BODY



- Where can I get dental care?
- How do I find a primary care physician?
- Does this dental clinic provide periodontal services?
- Who do I call when I have respiratory distress?
- What do I do in the case of seizure?
- Who is taking new patients?
- I'm poor. What resources are available?

Where To Turn Worksheet

BODY – MIND - ENVIRONMENT		
	What is the problem?	Where do I turn?
Day-to-Day	1. Dental problems 2. Poor appetite 3. Physical exam 4. Depression	1-3. Pioneer Square Medical Clinic (206) 521-1750
Crisis	1. Emergency	1. Harborview Emergency Trauma Center (206) 731-3074

Pioneer Square Medical Clinic

- **Address:** 206 3rd Ave S., Sea, WA 98104-2499
- **Telephone:** 206-521-1750
- **Affiliation:** Harborview Medical Center
- **Hours:** 7AM – 5PM, M, T, Th, F; 8AM-5PM W
- **Access:** Wheel chair access is limited; ground floor entry is accessible
- **Transportation:** Yes, in some cases

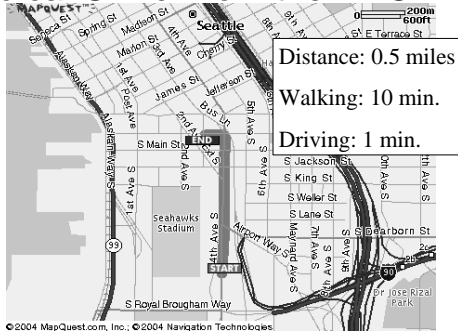
Pioneer Square Medical Clinic

- **Fee:** sliding scale, subsidized assistance available depending upon income, accepts Medicare, medical coupons, and private insurance.
- **Eligibility:** primarily serves residents and homeless individuals living within Downtown Seattle and Pioneer Square, however the clinic may accept other patients in need.
- **Waiting list:** two to three weeks for regular care

Pioneer Square Medical Clinic

- **Emergency care:** daily walk-in clinic hours available on a first-come-first-serve basis; patients should come at clinic opening time to sign in
- **Services:** offers outpatients comprehensive primary health care, including primary care, diagnostic testing, family planning, HIV screening and basic mental health services

Direction to Pioneer Square Medical Clinic From the ARC



What Do You Do Next?

- **CALL Pioneer Square Clinic**
- **CALL the
Community Information Line**
(M-F 8am-6pm):
(206) 461-3200,
1-800-621-INFO

Tips On Calling

- Is it emergent?
- Before you call, write down a list of questions that you would like to find out.
- Ready with paper and pen to take notes



www.caulb.edu/library/guide/telephone-big2.gif

More Calling Tips

- Be patient if you are put on hold
- Follow up and follow through: ask when's a good time to call back for more information if help is not immediately available.
- Ask for an explanation of any medical terms that you don't understand



www.csulb.edu/library/guide/telephone-big2.gif

Write Down Questions You Want To Know About the Clinic

1. What is your initial cost?
2. What are the costs after my initial visit?
3. Do you have a sliding scale/fee?
4. How long is the wait for an appointment?
5. Do I need a referral (if dental/mental)?
6. Is there someone to help me get insurance through DSHS or somewhere else?
7. Do you provide on-site mental/dental health services?



Where To Turn Worksheet

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Crisis	1. Emergency	Harborview Emergency Trauma Center (206) 731-3074

“Where to Turn” Directories

- Published by United Way every year
- Contains:
 - over 950 agencies in King County
 - telephone numbers, addresses
 - services, eligibility, websites, wheelchair access
- Mail order



Where To Turn Worksheet

BODY – MIND - ENVIRONMENT		
	What is the problem?	Where do I turn?
Day-to-Day	1. Medication management 2. Ongoing therapy	1-2. Pioneer Square Medical Clinic (206) 521-1750
Crisis	1. Suicidal thoughts/plans 2. Acute depression	1. 24-HOUR CRISIS LINE 206.461.3222 1.800.244.5767

Seattle 24-Hour Crisis Line

1-800-244-5767

206-461-3222 (Seattle)

- Emotional stress of crisis
- Anyone can call
- Keep the number with you and by your phone

Community Information Line

- Phone: 206.461.3200
- Toll Free outside Seattle: 1.800.621.INFO
- Available 8:00 a.m. - 6:00 p.m., Monday - Friday.
- Comprehensive information and referral services in King County

Downtown Emergency Service Center

- **Address:**
507 3rd Ave
Seattle, WA 98104-2304
- **Telephone:** (206) 464-1570 Main
Toll Free TDD:(800) 833-6388
- **Services:** Offers emergency shelter, mental health, and supportive housing services for homeless adults with behavioral disabilities.

Downtown Emergency Service Center – Clinic Services

- **Address:**
216 James St
Seattle, WA 98104
- **Telephone:** (206) 464-6454
- **Services:**
 - Comprehensive case management and mental health outreach services to seriously mentally ill adults
 - Chemical dependency treatment services

Access the Seattle Public Library

- **Address:** 800 Pike St. Sea., WA 98101
- **By phone:** 206-386-4636
 - Access Quick Information Center
- **In person:**
 - Strategies to find specific information
 - Directory resources
- **In classes:**
 - How to find jobs on the internet
 - How to use email
- **Email/online chat**

24 Hr On-line Medical Information

- Medline Plus
<http://www.medlineplus.gov/>
- Content:
 - Health topics
 - Drug information
 - Medical encyclopedia
 - Directories of providers
- Quality information from the Internet

Medication Resources

- - Medicaid (enroll through Medicaid offices)
- - <http://www.needymeds.com/> This site acts as a clearinghouse of medication assistance programs around the country - including drug company offerings.
- - Benefits Checkup:
http://ssl2.benefitscheckup.org/before_you_start.cfm?cid=1414733&cfoken=53653841&partner_id=12&subset_id=22 and <http://rx.wa.gov/resources.shtml>
- - "Take Charge" program for family planning services
<http://fortress.wa.gov/dshs/maa/familyplan/TCclientservices.htm>

WHAT'S NEXT?

- Put plan in action
 - Actively seek resources by asking questions
 - Access your resources
- Help is available when you need it
 - Failure to access resource or find help is only a detour, not a dead end street.



www.sequoia.be/.../methoden/web/meth_sd_3_e.htm

Questions?
