Post-Graduate Opportunities

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Some Basic Definitions

- **Residency**: A structured, directed, salaried, postgraduate training program in a defined area of pharmacy practice, typically lasting one year.

- **Pharmacy Practice Residency**: Focuses on the development of competence, skills, and application of drug therapy knowledge in providing the broad scope of pharmaceutical services to patients. These residencies concentrate on patient care, practice management, and other pertinent areas specific to the practice setting.

- **Specialty Residency**: A program that provides training in a focused area of pharmacy practice (e.g., oncology). Specialty residencies utilize and build upon the fundamental practice skills acquired during a Pharmacy Practice Residency.

- **Fellowship**: A directed, highly individualized, postgraduate program designed to prepare the participant to become an independent researcher.

Why Complete a Residency?

- A competitive advantage in the job market

- Networking opportunities

- Career planning

- Professional vision

- Other
Candidate Qualifications
- Communication skills (written and verbal)
- Leadership ability (enthusiasm for the profession)
- Decision-making skills
- Work experience
- Unique rotations and clerkships
- Grades
- Research
- Presentations
- Community Service
- Student organizations
- Well rounded

Seeking a Residency
- 2000 Match results:
  - 1074 applicants signed up for Match
  - 703 applicants returned rankings
  - 697 positions available
- 2005 Match results:
  - 1407 applicants signed up for Match
  - 1079 applicants returned rankings
  - 1072 positions available

Selecting a Residency Program
- Is the program accredited?
- Quality/Reputation
- Patient populations served
- Teaching opportunities
- Service (staffing) expectations
- Work environment
- Projects/Presentations
- Competition for the program
- Location
New Options

- ASHP: Community Care, Home Care, Long-Term Care, and Managed Care
- ACCP: Residencies and Fellowships
- APhA: Community Pharmacy Residency Programs

Community Pharmacy Residency Programs

- University of Washington Kelley-Ross
- University of Washington Moses Lake Professional Pharmacy
- University of Washington Valley View Clinical Pharmacists

Pharmacy Practice Residencies in Washington

- Central Washington Hospital
- Deaconess Medical Center
- Franciscan Health System
- Good Samaritan Hospital
- Highline Community Hospital
- International Community Health
- Madigan Army Medical Center
- MultiCare Health Systems
- Overlake Hospital Medical Center
- Group Health Coop – Managed Care
- Sacred Heart Medical Center/WSU
- Southwest Washington Medical
- Swedish Medical Center
- UWMC/HMC
- VA Puget Sound Health Care
- Valley Medical Center
- Virginia Mason Medical Center
- Yakima Valley Memorial Hospital
- UW School of Pharmacy – Community Care (w/emphasis in community care)
Next Steps

- Prepare your checklist
- Prepare your CV
- Do your homework
- Attend annual meeting(s)
- Apply for the Match (ASHP accredited Residencies)
- Is a Specialty Residency in your future?

Checklist

- Make sure things get done on time!
- CV
- Letters of recommendation
- Homework
- Annual meeting(s)
- Apply for the Match
- Complete applications
- Schedule interviews

Prepare your CV

- Cover Letter
- CV Basics:
  - Education
  - Clerkship Rotations
  - Presentations and Publications
  - Honors and Awards
  - Organizational Memberships
  - Professional and Community Service
  - Other Special Experiences and Skills

- DO NOT INCLUDE PERSONAL INFORMATION
Homework

- Talk to your preceptors and faculty
- Review on line directories
- Talk to current program residents
- Check out the area
- Request informational packets from programs

ASHP Matching Program

- Formalized process conducted by a national matching service to match residents with residency programs.
- Both applicant and program submit rank order list
- While match is not legally binding…
- Results come out in March
- Residency Showcase
- *Specialty Residencies do not go through the Match. However, most require participation in the Personal Placement Service (PPS)
  *New for 2007, Specialty Programs to participate in the Match.

Specialty Residencies

- Cardiology
- Pharmacokinetics
- Critical Care
- Drug Information
- Emergency Medicine
- Geriatrics
- Infectious Disease
- Internal Medicine
- Managed Care
- Nuclear Pharmacy
- Nutrition Support
- Oncology
- Pediatrics
- Pharmacotherapy
- Pharmacy Practice Management
- Primary Care
- Psychiatric
Specialty Residencies in Washington

- Sacred Heart Medical Center – Critical Care
- UWMC/HMC/SCCA - Oncology
- UWMC/HMC - Critical Care
- UWMC/HMC – Primary Care

Fellowships

- Exist primarily to develop competency in the scientific research process
- Usually work closely with one preceptor
- The fellow receives a highly individualized experience
- Typically offered through colleges of Pharmacy
- Set time often 12 to 24 months
- Transplantation and Pharmacokinetics offered at UW School of Pharmacy

Board Certification

- Currently, the Board of Pharmaceutical Specialties recognizes five specialty areas of Pharmacy:
  - Nuclear Pharmacy
  - Nutrition Support Pharmacy
  - Oncology Pharmacy
  - Pharmacotherapy
  - Psychiatric Pharmacy
Pharmacists Certified by the Board of Pharmaceutical Specialties

FAQ’s about Board Certification

- Way of demonstrating that an individual possesses a certain high level of knowledge.
- Most significant value to individual is improved feelings of self-worth and competence.
- Some employers attach tangible value to BPS certification.
- Exams given generally once a year at the same time.
- Length of certification is 7 years.
- Must have a degree from Pharmacy program AND experience.
- Many ways to study for exam (prep course, study groups, PSAP, etc.).

Additional Resources

- ASHP Website: www.ashp.org
- APhA Website: www.aphanet.org
- ACCP Website: www.accp.com
- Your preceptors, faculty and co-workers!