### Post-Graduate Opportunities

Steve Fijalka, Rharm.D.
Assistant Director of Rharmacy
UWMC/SCCA
Residency Programs Director

### Some Basic Definitions

- Residency: A structured, directed, salaried, postgraduals training program in a defined area of pharmacy practice, typically lasting one year.
- Pharmacy Practice Residency, Fosuses on the development of competence, skills and application of drug therapy knowledge in providing the broad scope of pharmaceutical services to patients. These residencies concentrate on pathert care, practice management, and other pertinent areas specific to the practice setting.
- Specialty Residency: A program that provides training in a focused area of pharmacy practice (k.g. oncology). Specialty residencies utilize and build upon the fundamental practice skills acquired during a Pharmacy Practice Residency.
- Fellowship: A directed, highly individualized, postgraduate program designed to prepare the participant to become an independent researcher.

### Why Complete a Residency?

- A competitive advantage in the job market
- Networking opportunities
- Career planning
- Professional vision
- Other


## Candidate Qualifications Communication skills (written and verbal) ■ Leadership ability (enthusiasm for the profession) ■ Decision-making skills ■ Work experience ■ Unique rotations and clerkships ■ Grades ■ Research Presentations ■ Community Service ■ Student organizations ■ Well rounded Seeking a Residency ■ 2003 match results: 1275 applicants sign up for match 974 applicants returned rankings. 953 positions available 732 matched candidates Selecting a Residency Program ■ Is the program accredited? ■ Quality/Reputation ■ Patient populations served Teaching opportunities ■ Service (staffing) expectations ■ Work environment ■ Projects/Presentations ■ Competition for the program ■ Location

### New Options

- ASHP: Community Care, Home Care, Long-Term Care, and Managed Care
- ACCP: Residencies and Fellowships
- APhA: Community Pharmacy Residency Programs

# Community Pharmacy Residency Programs

### Pharmacy Practice Residencies in Washington

- Central Washington Hospital
- Deaconess Medical Center
- Franciscan Health System
- Good Samaritan Hospital
- Highline Community Hospital
- International Community Health Madigan Army Medical Center
- Mutlicare Health System
- Overlake Hospital Medical Center
- Group Health Coop Managed
- Sacred Heart Medical Center/WSU
- Southwest Washington Medical
- Swedish medical Center UWMC/HMC
- VA Puget Sound Health Caxe
- Valley Medical Center
- Virginia Mason Medical Cepter
- Yakima Regional Medical & Heart
- Yakima Valley Memorial Hospital
- UW School of Pharmacy -Community Care

# Next Steps ■ Prepare your checklist ■ Prepare your CV ■ Do your homework Attend annual meeting(s) ■ Apply for the Match (ASHP accred Residencies) Is a Specialty Residency in your future? Checklist Make sure things get done on time! ■ Letters of recommendation ■ Homework ■ Annual meeting(s) ■ Apply for the Match Complete applications ■ Schedule interviews Prepare your C Cover Letter ■ CV Basics: Education - Clerkship Rotations - Presentations and Publications - Honors and Awards - Organizational Memberships - Professional and Community Service - Other Special Experiences and Skills ■ DO NOT INCLUDE PERSONAL INFORMATION

### Homework

- Talk to your preceptors and faculty
- Review on line directories
- Talk to current program residents
- Check out the area
- Request informational packets from programs

### ASHP Matching Program

- Formalized process conducted by a national matching service to match residents with residency programs.
- Both applicant and program submit rank order list
- While match is not legally binding...
- Results come out in March
- Residency Showease
- Specialty Residencies do not go through the Match. However, most require participation in the Personal Placement Service (PPS)

### Specialty Residencies

- Cardiology
- Pharmacokinetics
- Critical Care
- Drug Information
- Emergency Medicine
- Geriatrics
- Infectious Disease
- Internal Medicine
- Managed Care

- Nuclear Pharmacy
- Nutrition Support
- Oncology
- Rediatrics
- Pharmacotherapy
- Pharmacy Practice
  Management
- Primary Care
- Psychiatric

•			
•			
•			
•			
•			
-			
•			
•			
•			
•			
-			

# Specialty Residencies in Washington ■ Sacred Heart Medical Center – Critical Care ■ UWMC/HMC Oncology ■ UWMC/HMC - Critical Care ■ UWMC/HMC – Primary Care Fellowships • Exist primarily to develop competency in the scientific research process ■ Usually work closely with one preceptor ■ The fellow receives a highly individualized experience ■ Typically offered through colleges of Pharmacy ■ Set time often 12 to 24 months ■ Transplantation and Pharmacokinetics offered at UW School of Pharmacy Additional Resources ■ ASHP Website: www.ashp.org ■ APhA Website: www.aphanet.org ■ ACCP Website: www.accp.com Your preceptors, faculty and co-workers!