

In responding to the items below, when it is appropriate, think of your most significant peer love relationships. If you cannot decide which has been the most significant, think of your most recent significant love relationship. If you wish, you may think of your ideal love relationship whether you have actually experienced it or not.

1. I believe that "love at first sight" is possible.
2. I did not realize that I was in love until I actually had been for some time.
3. When things aren't going right with us, my stomach gets upset.
4. From a practical point of view, I must consider what a person is going to become in life before I commit myself to loving him/her.
5. You cannot have love unless you have first had caring for a while.
6. It's always a good idea to keep your lover a little uncertain about how committed you are to him/her.
7. The first time we kissed or rubbed cheeks, I felt a definite genital response (lubrication, erection).
8. I still have good friendships with almost everyone with whom I have ever been involved in a love relationship.
9. It makes good sense to plan your life carefully before you choose a lover.
10. When my love affairs break up, I get so depressed that I have even thought of suicide.
11. Sometimes I get so excited about being in love that I can't sleep.
12. I try to use my own strength to help my lover through difficult times, even when he/she is behaving foolishly.
13. I would rather suffer myself than let my lover suffer.
14. Part of the fun of being in love is testing one's skill at keeping it going and getting what one wants from it at the same time.
15. As far as my lovers go, what they don't know about me doesn't hurt them.
16. It is best to love someone with a similar background.
17. We kissed each other soon after we met because we both wanted to.
18. When my lover doesn't pay attention to me, I feel sick all over.

19. I cannot be happy unless I place my lover's happiness before my own.
20. Usually the first thing that attracts my attention to a person is his/her pleasing physical appearance.
21. The best kind of love grows out of a long friendship.
22. When I am in love, I have trouble concentrating on anything else.
23. At the first touch of his/her hand, I knew that love was a real possibility.
24. When I break up with someone, I go out of my way to see that he/she is O.K.
25. I cannot relax if I suspect that he/she is with someone else.
26. I have at least once had to plan carefully to keep two of my lovers from finding out about each other.
27. I can get over love affairs pretty easily and quickly.
28. A main consideration in choosing a lover is how he/she reflects on my family.
29. The best part of love is living together, building a home together, and rearing children together.
30. I am usually willing to sacrifice my own wishes to let my lover achieve his/hers.
31. A main consideration in choosing a partner is whether or not he/she will be a good parent.
32. Kissing, cuddling, and sex shouldn't be rushed into; they will happen naturally when one's intimacy has grown enough.
33. I enjoy flirting with attractive people.
34. My lover would get upset if she/he knew some of the things I've done with other people.
35. Before I ever fell in love, I had a pretty clear physical picture of what my true love would be like.
36. If my lover had a baby by someone else, I would want to raise it, love it, and care for it as if it were my own.
37. It is hard to say exactly when we fell in love.

38. I couldn't truly love anyone I would not be willing to marry.
39. Even though I don't want to be jealous, I can't help it when he/she pays attention to someone else.
40. I would rather break up with my lover than to stand in his/her way.
41. I like the idea of me and my lover having the same kinds of clothes, hats, plants, bicycles, cars, etc.
42. I wouldn't date anyone that I wouldn't want to fall in love with.
43. At least once when I thought a love affair was all over, I saw him/her again and knew I couldn't realistically see him/her without loving him/her.
44. Whatever I own is my lover's to use as he/she chooses.
45. If my lover ignores me for a while, I sometimes do really stupid things to try to get his/her attention back.
46. It's fun to see whether I can get someone to go out with me even if I don't want to get involved with that person.
47. A main consideration in choosing a mate is how he/she will reflect on one's career.
48. When my lover doesn't see me or call for a while, I assume he/she has a good reason.
49. Before getting very involved with anyone, I try to figure out how compatible his/her hereditary background is with mine in case we have children.
50. The best love relationships are the ones that last the longest.

A BRIEF DESCRIPTION OF SIX STYLES OF LOVE
(Based on the work of sociologist, John Alan Lee)

MANIA (Possessive Love) - The Greeks called it 'theia mania' or a 'madness from the Gods'. This style is intense, irrational, and often painful. The manic lover is consumed by the beloved, needs constant contact and reassurance, and is overcome with jealousy or despair if love is threatened. The manic lovers often feel that "I'm nobody unless somebody loves me."

EROS (Romantic Love) - An immediate powerful attraction, a fascination by the image of the beloved as a vision of ideal beauty, and a hint of recognition of your one true love. These are some of the aspects of Eros. Sexual intimacy occurs early in this style and erotic lovers delight in a strong mutual sexual attraction. However, the erotic lover wants total intimacy at all levels; emotional and social as well as physical.

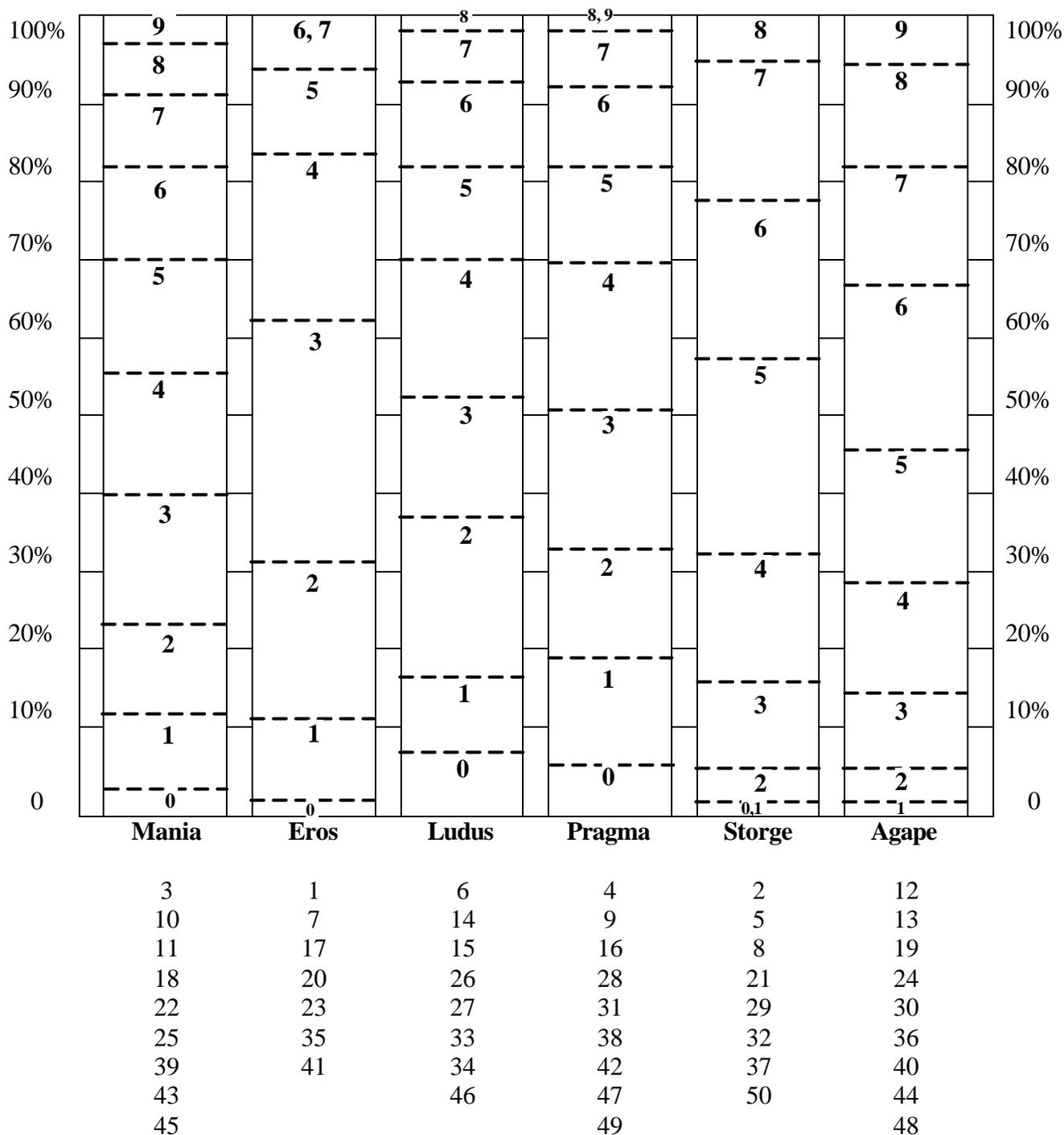
LUDUS (Playful Love) - Love as a game or an enjoyable past time was developed by the Roman Poet, Ovid who wrote: The Art of Love. Love is fun, but the ludic lover does not want to get too involved. Multiple lovers and various distancing maneuvers are some of the strategies used in the game of love. The idea is for mutual enjoyment without anyone getting serious and the ludic lover tries to play the game with honor.

PRAGMA (Practical Love) - Love with a shopping list. The lover must be compatible and possess certain required characteristics. Computer dating is an example of the pragmatic approach attempting to pair people based on compatible personalities, similar interests, and similar backgrounds. This companionate form of love usually begins with very little passion or sexual intimacy although once a bond has been formed, more intense emotional intimacy may evolve.

STORGE (Friendship Love) - An affectionate and stable form of love like in the story where the boy marries the girl next door. While sex occurs late in the relationship, storgic lovers often consider sex as an intimate self-disclosure or communication between friends. Storgic love comes naturally as a consequence of shared activities, similarity, and the passage of time.

AGAPE (Altruistic Love) - Universal love given without a thought about gain or reciprocity. C. S. Lewis called it Gift-Love because this style is characterized by an emphasis on loving rather than being loved. Agape is also unconditional, the lover does not have to earn it, it is a love that is always gentle, kind, patient, enduring, never jealous, never demanding.

LOVESTYLE PROFILE



- Instructions:
- Circle above each number which you circled as “true” on the test.
 - Count the number of circles in each column above separately.
 - Fill the bar above each column up to the number of circles you counted.
 - The percentile readings on the right and left of the bar graph show the proportion of the population that has less of the style than you do.