

## TREATMENT (TX) SEQUENCE

1	2	3	4	5
<u>Assess</u>	<u>Plan Tx</u>	<u>Initiate Tx</u>	<u>Monitor Progress</u>	<u>Reach Decision Point</u>

### 1. Assess

- a) assess for the purposes of diagnosis, general development/change
  - i. Is there a disorder? How does this person compare to a peer group? (normative data)
  - ii. What is the nature of the disorder? (classification, differential diagnosis)
  - iii. What factors have contribute to this disorder (etiology, including maintaining factors)
  - iv. Has there been maturation or recovery over the last 6-12 months?
- b) assess for the purposes of planning treatment and establishing pre-treatment status
  - i. Use nonstandardized measures (probes) to assess specific behaviors that might be targets
  - ii. Identify factors that influence performance
  - iii. Conduct stimulability testing
  - iv. Obtain client's/family's expectations/hopes through interviews and discussions
  - v. Evaluate validity of previous report results

### 2. Plan Treatment

- a) select objectives (incorporating client's/family's wishes)
- b) write behavioral objectives for benchmark
- c) complete additional baseline measures, if necessary
- d) choose appropriate framework for teaching
- e) sketch out ideas for sequential teaching plan or other paradigm
- f) plan initial session

### 3. Initiate Treatment

- a) discuss objectives with client/family, as appropriate
- b) write lesson plans for every session
- c) carry out sessions and evaluate
- d) firm up sequential teaching plan; continue to evaluate and modify
- e) develop variety of activities for sessions
- f) write notes after each session

### 4. Monitor Progress

- a) keep tabs on session-by-session progress with treatment data
- b) probe at intervals in assess progress in teaching plan or toward objectives (*whatever is appropriate to client*)
- c) at decision point, assess progress on behavioral objectives and untreated behaviors (for the purpose of generalization or treatment efficacy)

### 5. Reach Decision Point

- a) take measures (see item c under "monitoring progress")
- b) if objective(s) reached, make decision about continuing treatment on new objectives or discontinuing treatment
- c) if objective(s) not reached, make decisions about continuing treatment on same objectives, discontinuing those objectives and adding new objectives, discontinuing treatment, or making referral.
- d) discontinue treatment but plan future follow-up assessment/treatment

### 6. Report Results of Treatment

- a) hold conference with client/family/others, as appropriate
- b) write Progress Report or Case Summary (Treatment Report)
- c) sent reports to appropriate parties (family, other service providers, insurance)