ENGR 100 Teamwork - Herrmann Brain Dominance Instrument (HBDI)

The following are exercises you can try to strengthen a quadrant area of learning*:

**Quadrant A:**
1) Organize collected information logically into categories.
2) Review recent impulse decision and identify its rational, logical aspects.
3) Play "devils advocate" in a group decision.
4) Learn how a frequently used machine works by reading about it.

**Quadrant B:**
1) Cook a new dish by following instructions of a complicated recipe.
2) Set up a filing system for your paperwork and correspondence.
3) Develop a personal budget and stick to it for 2 weeks.

**Quadrant C:**
1) Work with a study group.
2) Learn by teaching others.
3) Learn about other cultures by talking with people.

**Quadrant D:**
1) Focus on the big picture, not the details of a problem or issue.
2) Make sketches to help you memorize material that you are learning.
3) Do problems that require brainstorming and come up with lots of answers (>10).
4) Figure out what time of you day you are most creative and jot ideas down.

* Ideas were taken from "Creative Problem Solving" by Lumsdaine and Lumsdaine, 1995.