SECTION 4 STUDY GUIDE

You are responsible for all lectures, as well as Chapter 13, Chapter 14, Chapter 9 (336 - 337), and Chapter 12 in the textbook.

DSM IV (know the five axes)
General diagnostic symptoms of each disorder

Anxiety disorders
Generalized anxiety disorder (GAD)
Panic disorder
Phobias (e.g., agoraphobia, claustrophobia, acrophobia)
Posttraumatic stress disorder (PTSD)
Obsessive-compulsive disorder (OCD), obsessions, compulsions
Drugs and other treatments (Valium, GABA & Valerian root)

Mood Disorders (unipolar vs. bipolar depression)
Role of neurotransmitter activity in depression (serotonin, norepinephrine, dopamine)
Genetic evidence for bipolar depression
Likelihood for unipolar vs bipolar depression in males and females
Drugs & treatment for unipolar depression (SSRI’s like prozac, MAO inhibitors)
Drugs & treatment for manic phase of bipolar disorder as presented in lecture (lithium, anticonvulsants - valproate, carbamazepine, anecdotal evidence for medical marijuana)

Schizophrenia
Positive and negative symptoms
Delusions
Biological evidence for schizophrenia (viral and genetic)
Likelihood for Schizophrenia in males and females
Role of dopamine activity
Antipsychotics (chlorpromazine)

Dissociative Disorders
Fugue
Dissociative Identity Disorder
Somatoform Disorders
Conversion Disorder
Hypochondriasis

Eating disorders (bulimia, anorexia)

Personality disorders
Paranoid personality disorder
Borderline personality disorder
Antisocial personality disorder
Electroconvulsive shock therapy
Types of psychotherapy
Psychoanalysis
Behavioral (exposure, systematic desensitization)
Humanistic (client centered, Gestalt – compare and contrast these)
Cognitive (Rational-emotive, cognitive)
Family & marital
Therapy related terms
Active listening (presented in lecture)
Transference
Free association
Resistance

General adaptation syndrome (alarm, resistance, exhaustion)
Type A, Type B, and Type C personalities
Stress and: perceived control, immune functioning, nutrition, aerobic exercise, relaxation
Types of social support