



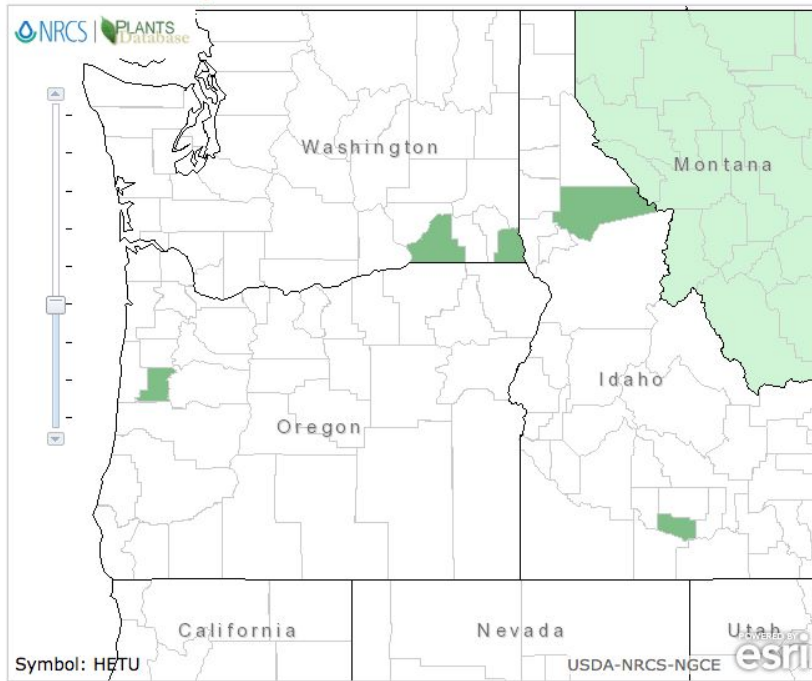
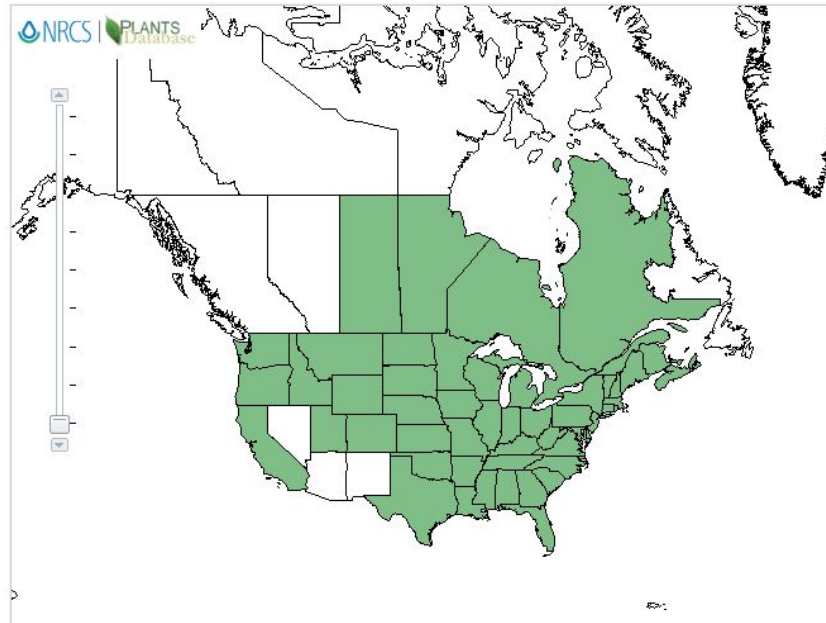
Top images ⁸; Bottom image¹⁰

***Helianthus tuberosus* L. (Jerusalem Artichoke)**

TAXONOMY	
Plant Family	
Scientific Name	Asteraceae/Compositae ⁸
Common Name	Aster family ⁸
Species Scientific Name	
Scientific Name	<i>Helianthus tuberosus</i> Linnaeus ⁸
Varieties	<i>Helianthus tuberosus</i> L.var. <i>Subcanescens</i> A. Gray ¹² <i>Helianthus tuberosus</i> L.var. <i>Fuseau</i> ¹²

	<i>Helianthus tuberosus</i> L.var. <i>Red Fuseau</i> ¹² <i>Helianthus tuberosus</i> L.var. <i>Garnet</i> ⁴ <i>Helianthus tuberosus</i> L.var. <i>Stampede</i> ⁴ <i>Helianthus tuberosus</i> L.var. <i>Brazilian</i> ¹¹
Sub-species	N/A
Cultivar	N/A
Common Synonym(s)	<i>Helianthus tomentosus</i> Michx. ⁸ <i>Helianthus tuberosus</i> L. var. <i>Subcanescens</i> A. Gray ⁸
Common Name(s)	Jerusalem Artichoke, Topinambour, Sunchoke, Sunroot, Earth Apple ³
Species Code (as per USDA Plants database)	HETU, HETO4, or HETUS2 ⁸
GENERAL INFORMATION	

Geographical range



Ecological distribution

Found among the greater part of North America. It has also been widely distributed throughout Europe due to North American colonizer Champlain expanding its growth and production to France.¹

Climate and elevation range

Plants grow between 0-1000m elevation. Adapted to most climates, Jerusalem artichokes usually require 125 days frost free during their growing season. Preferred climate promoting an optimal yield during growing season is that ranging between 65°-80° F with rainfall of 50" or less.¹

Local habitat and abundance	This plant is often found in disturbed areas such as agronomic field, roadsides, and riverbanks ⁷ also common among various woodland borders.
Plant strategy type / successional stage	Rhizome system bearing tubers, ¹⁶ weedy and/or invasive (USDA) fast spreading. ¹
Plant characteristics	Perennial. Plants with an unlimited capacity can grow to be between 4 - 10 ft tall. (fine gardening). Stems can become woody with age (omafra fact sheet). Foliage is lance shaped, covered in coarse hairs ¹¹ , and are alternating. ¹⁶ Late summer bloomage reaches about 4” wide and are of a bright yellow hue. ¹¹ This species is a tuberous plant of the rhizome variety. Tubers are the primary mode of reproduction, plant does produce seeds but usually in low numbers. (ohio state) Tubers are elongated and nonuniform, can be “knobby” and/or “round clustered” ¹⁶ . Color of tubers can range from red, purple, brown, and white. Grows in most to all soil types that are well drained, adapted to grow in poor nutrient soils. Soil can be dry or moist. Cannot grow in shade. Sensitive to daylight hours, requires longer periods when in growing stages and shorter during tuber development.
PROPAGATION DETAILS (TUBER)	
Ecotype	N/A
Propagation Goal	Plants
Propagation Method	Vegetative. Tubers planted at 10-15 cm depth. ¹²
Product Type	Bareroot
Stock Type	N/A
Time to Grow	Early spring when ground soil can be worked. ¹²
Target Specifications	N/A
Propagule Collection Instructions	Tubers should be harvested in the fall (aprox. 125-130 days after germination) or in early spring the following year. ¹⁶ It is recommended to wait until after the first frost, after foliage has died off. Harvesting methods are similar to that of potatoes which requires them to be removed from the ground. Avoid damaging the tuber when digging and plan to prevent long

	exposure to sunlight when unburied (no more than 1 to 2 hours). Viable tubers should be 1-2 oz or larger with a minimum of 2 to 3 buds per tuber. ¹
Propagule Processing/Propagule Characteristics	Tubers larger than 2 oz should be cut into smaller pieces that contain 2 to 3 buds per piece. Tubers should be overlooked and confirmed to have no signs of disease or infestation. ¹
Pre-Planting Propagule Treatments	One source recommended to treat cut end of tubers with a natural fungicide (cinnamon) before planting. ¹¹
Growing Area Preparation / Annual Practices for Perennial Crops	Plant performs best in slightly alkaline soil that is well drained, does not perform well in heavy clay soils that are prone to waterlogging. Temperature of soil should be no lower than 41°F, temperatures colder will result in tuber dormancy. ¹⁶ Soil moisture should be no less than 30% of field capacity during the development stages of the tubers for optimal formation. ¹
Establishment Phase Details	Appropriate tuber sizes should be planted between 12" and 24" apart within assigned row. Rows should then be spaced between 30"-36" apart. Each tuber should be covered with 2"-3" of soil, similarly to potatoes, hilling in recommended for water retention. ¹
Length of Establishment Phase	N/A
Active Growth Phase	N/A
Length of Active Growth Phase	N/A
Hardening Phase	N/A
Length of Hardening Phase	N/A

Harvesting, Storage and Shipping	Harvesting specifications are the same as that of the propagule collection instructions. Recommended storage temperature of tubers is between 32° and 35° F with a relative humidity of 95% ¹⁵ . Tubers that are being kept for seeds should not be frozen. ¹ Tubers should not be washed before storage, the thin skin could be easily damaged and could result in moisture loss, tuber rot, or disease infestation.
Length of Storage	4-5 months ¹⁵
Guidelines for Outplanting / Performance on Typical Sites	N/A
Other	<p>Prone to white mold¹²</p> <p>Food source to many native peoples before the colonization of North America.¹</p> <p>Crop produces high levels of inulin, which makes it not only considers this edible plant to be a healthy alternative crop but also a potential source for ethanol production.⁶</p> <p>https://www.pakbs.org/pjbot/PDFs/47(6)/19.pdf provides the most significant information on growing stages, just not translated to growth phases of a seedling (i.e establishment, active, & hardening)</p>

INFORMATION SOURCES

References (full citations)	<p>¹Cosgrove, D.R, et al. “Jerusalem Artichoke.” <i>Alternative Field Crops Manual</i>, University of Minnesota , hort.purdue.edu/newcrop/afcm/jerusart.html.</p> <p>²Forti, John. “Jerusalem Artichoke.” <i>Fine Gardening</i>, 2016, p. 74.</p> <p>³Hodossi, El-Ramady, et al. “Jerusalem Artichoke (Helianthus Tuberosus L.): A Review of in Vivo and in Vitro Propagation.” <i>International Journal of Horticultural Science</i>, by Alla Domokos-Szabolcsy, Agroinform Publishing House, Budapest, Printed in Hungary, 2014, pp. 131–135.</p> <p>⁴“Jerusalem Artichoke.” <i>Heirloom Vegetable Gardening</i>, by William Woys. Weaver, New York., 1997, pp. 168–170.</p>
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- ⁵“Jerusalem Artichoke.” *Specialty Croppportunities - Jerusalem Artichoke*, Ministry of Agriculture Food & Rural Affairs, 17 Oct. 2012, www.omafra.gov.on.ca/CropOp/en/indus_misc/pharm/ja.html.
- ⁶“JERUSALEM ARTICHOKE (HELIANTHUS TUBEROSUS L.) AND CHICORY (CICHORIUM INTYBUS L.): POTENTIAL CROPS FOR INULIN PRODUCTION IN THE MEDITERRANEAN AREA.” *JERUSALEM ARTICHOKE (HELIANTHUS TUBEROSUS L.) AND CHICORY (CICHORIUM INTYBUS L.): POTENTIAL CROPS FOR INULIN PRODUCTION IN THE MEDITERRANEAN AREA* | *International Society for Horticultural Science*, www.ishs.org/ishs-article/629_47.
- ⁷“Ohio Perennial and Biennial Weed Guide.” *Ohio Weedguide*, Ohio State University, www.oardc.ohio-state.edu/weedguide/single_weed.php?id=1
- ⁸“Plants Profile for Helianthus Tuberosus (Jerusalem Artichoke).” *Plants.usda.gov*, USDA Natural Resource Conservation Service, plants.usda.gov/core/profile?symbol=HETU.
- ⁹Paungbut, Darunee. *GROWTH AND PHENOLOGY OF JERUSALEM ARTICHOKE*. Khon Kaen University, 2015, [www.pakbs.org/pjbot/PDFs/47\(6\)/19.pdf](http://www.pakbs.org/pjbot/PDFs/47(6)/19.pdf).
- ¹⁰Sandborn, Dixie, and Michigan State University. “Jerusalem Artichokes: Tasty and Versatile.” *MSU Extension*, MSU, 20 Sept. 2018, www.canr.msu.edu/news/jerusalem_artichokes_tasty_and_versatile.
- ¹¹Saphire, Sigrun Wolff, editor. “Helianthus Tuberosus.” *Buried Treasures: Tasty Tubers of the World*, Brooklin Botanic Garden, 2007, pp. 46–47.
- ¹²Schultheis, Jonathan. “Growing Jerusalem Artichokes | NC State Extension Publications.” *Growing Jerusalem Artichokes | NC State Extension Publications*, NC State University, 1 Jan. 1999, content.ces.ncsu.edu/growing-jerusalem-artichokes.
- ¹³Swanton, C.J. “Jerusalem Artichoke.” *Jerusalem Artichoke*, Ministry of Agriculture and Rural Affairs , www.omafra.gov.on.ca/english/crops/facts/94-077.htm. Fact Sheet last reviewed August 1994
- ¹⁴Volk, G.M, and K. Richards. “Preservation Methods for Jerusalem Artichoke Cultivars.” *HortScience*, vol. 41, USDA, pp. 80–83. Web. Date Accessed May 14 2019
- ¹⁵“Washington State University.” *WSU Extension | Washington State University*, Washington State University, pubs.cahnrs.wsu.edu/publications/pubs/fs208e/.
- ¹⁶Yang, Linxi, et al. “The Prospects of Jerusalem Artichoke in Functional Food Ingredients and Bioenergy Production.” *Biotechnology Reports (Amsterdam)*,

	<p><i>Netherlands</i>), Elsevier, 13 Dec. 2014, www.ncbi.nlm.nih.gov/pmc/articles/PMC5466194/.</p>
<p>Other Sources Consulted</p>	<p>Cockerell, Theodore D. A. <i>The Girasole or Jerusalem Artichoke, a Neglected Source of Food</i>. 1918.</p> <p>Larsen, Fenton E., and Kurt Anthony Schekel. <i>Propagating Plants from Seed</i>. Washington State University Cooperative Extension, 2001.</p> <p>Ross, Mille. "Gardening Australia." <i>Gardening Australia</i>, Sept. 2010, pp. 56–57.</p> <p>Schellman, Anne. "Sunflowers in Your Garden." <i>University of California Cooperative Extension</i>, University of California, cestanislaus.ucanr.edu/files/111738.pdf.</p>
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<p>Date Protocol Created or Updated</p>	<p>05/24/2019</p>