# Home Health Care



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## Background: some definitions

- ► Home Care: non professional supportive services. Home care aides
  - Respite
  - Chore assistance
- Home health care: skilled health care and supportive services.
  Nurses
  Therapists

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- Home health aides Hospice: care for terminally ill patients and their families.

## Goals of in-home care

- ► Assistance with ADLs
- ► Assistance with keeping up the house
- Medical services
- Overall: avoid placement into long term care facilities s

### Types of in-home services

- ► Home health: authorized by a physician and provided by nurses, aides, therapists, etc
- Home health aides: medical care provided by certified nursing assistant
- Personal care: ADLs and household chores
- Respite care: aimed at caregivers

#### Who pays?

► Medicaid

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- ► Medicare
- ► Veteran's affairs
- Insurance companies long term care services
- Private pay

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#### Medicaid long term care services

- ► Long term care services through ADSA HCS
  - Functional need
  - Income and resource limits vary
- Standard is 300% of the <u>FBR</u> and is called the **Special Income Level (SIL)**
- If income and resources at or below limits, CN for NF or Home and Community Based Services. If above limit, MN with spenddown for NF only.



#### Abbreviations

- ► ADL: activities of daily living
- ► FBR: Federal Benefit Rate
- ► SIL: Special income level
- ► CN: categorically needy
- ► NF: nursing facility

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- MN: medically needy
- ADSA: aging and disability services administration
- ► HCS: home and community services