TREATMENT (TX) SEQUENCE

1. Assess
   a) assess for the purposes of diagnosis, general development/change
      i. Is there a disorder? How does this person compare to a peer group? (normative data)
      ii. What is the nature of the disorder? (classification, differential diagnosis)
      iii. What factors have contribute to this disorder (etiology, including maintaining factors)
      iv. Has there been maturation or recovery over the last 6-12 months?
   b) assess for the purposes of planning treatment and establishing pre-treatment status
      i. Use nonstandardized measures (probes) to assess specific behaviors that might be targets
      ii. Identify factors that influence performance
      iii. Conduct stimulability testing
      iv. Obtain client’/family’s expectations/hopes through interviews and discussions
      v. Evaluate validity of previous report results

2. Plan Treatment
   a) select objectives (incorporating client’/family’s wishes)
   b) write behavioral objectives for benchmark
   c) complete additional baseline measures, if necessary
   d) choose appropriate framework for teaching
   e) sketch out ideas for sequential teaching plan or other paradigm
   f) plan initial session

3. Initiate Treatment
   a) discuss objectives with client/family, as appropriate
   b) write lesson plans for every session
   c) carry out sessions and evaluate
   d) firm up sequential teaching plan; continue to evaluate and modify
   e) develop variety of activities for sessions
   f) write notes after each session

4. Monitor Progress
   a) keep tabs on session-by-session progress with treatment data
   b) probe at intervals in assess progress in teaching plan or toward objectives (whatever is appropriate to client)
   c) at decision point, assess progress on behavioral objectives and untreated behaviors (for the purpose of generalization or treatment efficacy)

5. Reach Decision Point
   a) take measures (see item c under “monitoring progress”)
   b) if objective(s) reached, make decision about continuing treatment on new objectives or discontinuing treatment
   c) if objective(s) not reached, make decisions about continuing treatment on same objectives, discontinuing those objectives and adding new objectives, discontinuing treatment, or making referral.
   d) discontinue treatment but plan future follow-up assessment/treatment

6. Report Results of Treatment
   a) hold conference with client/family/others, as appropriate
   b) write Progress Report or Case Summary (Treatment Report)
   c) sent reports to appropriate parties (family, other service providers, insurance)